

Salto Comprimento | INI a JUV - F | Dia 1

Série 1

| | | | | | | |
|---|--------------------|------|-----|-----------|------|--------|
| 1 | Rita Abrantes | 2007 | INI | CDP-C | 4.98 | v -0.3 |
| 2 | Margarida Oliveira | 2008 | INI | GRE-AA | 4.86 | v 0.30 |
| 3 | Diana Laranjeira | 2005 | JUV | CLUVE | 4.68 | v 0.80 |
| 4 | Carla Silveira | 2005 | JUV | ANG CLUVE | 4.67 | v 0.60 |
| 5 | Joana Santos | 2005 | JUV | GRE-AA | 4.45 | v 0.70 |
| 6 | Helena Fernandes | 2008 | INI | SGAMES | 4.16 | v 0.70 |
| 7 | Beatriz Marques | 2006 | JUV | ARC-EAC | 4.13 | v 0.50 |
| 8 | Madalena Gouveia | 2006 | JUV | CAOH | 3.24 | v 0.10 |

Dardo 500 gr | INI a JUV - F | Dia 1

Série 1

| | | | | | |
|---|----------------|------|-----|-----------|-------|
| 1 | Carla Silveira | 2005 | JUV | ANG CLUVE | 21.24 |
| 2 | Juliana Neves | 2005 | JUV | CLUVE | 20.10 |
| 3 | Inês Almeida | 2006 | JUV | CDP-C | 19.62 |
| 4 | Rita Fonseca | 2008 | INI | CCX | 13.85 |
| 5 | Rita Cardoso | 2008 | INI | GRE-AA | 10.85 |

110 Metros Barreiras 0,91 | INI a JUV - M | Dia 1

100 Metros Barreiras 0,76 | INI a JUV - F | Dia 1

Série 1 v = +1.4 (Manual)

| | | | | | |
|---|----------------|------|-----|--------|-------|
| 1 | Leonor Saraiva | 2007 | INI | GRE-AA | 16.77 |
| 2 | Juliana Neves | 2005 | JUV | CLUVE | 18.69 |
| 3 | Joana Santos | 2005 | JUV | GRE-AA | 19.25 |
| 4 | Juliana Cruz | 2007 | INI | CDP-C | 21.41 |

100 Metros - Eliminatórias | INI a JUV - M | Dia 1

Série 1 v = +0.4 (Manual)

| | | | | | | |
|-----|------------------|------|-----|---------|-------|---|
| 1 | João Oliveira | 2005 | JUV | ARC-EAC | 11.93 | q |
| 2 | Gabriel Santos | 2007 | INI | ACDRSQ | 12.55 | q |
| 3 | José Pedro Jesus | 2007 | INI | SGAMES | 12.67 | q |
| 4 | António Salgado | 2007 | INI | CPTSC | 13.23 | q |
| DNS | Miguel Lopes | 2008 | INI | ASCV | | x |

Série 2 v = +0.8 (Manual)

| | | | | | | |
|---|---------------------|------|-----|-----------|-------|---|
| 1 | Alexandre Graça | 2007 | INI | GS | 12.19 | q |
| 2 | Rui Silveira | 2007 | INI | ANG CLUVE | 13.01 | q |
| 3 | José Pedro Oliveira | 2008 | INI | AAC | 14.79 | q |
| 4 | Diogo Teorgas | 2008 | INI | CLUVE | 15.86 | q |

100 Metros - Prova Extra | JUN a VET - M | Dia 1

Série 1 v = -1.3 (Manual)

| | | | | | | |
|-----|-------------------|------|-----|---------|-------|---|
| 1 | Frederico Curvelo | 1997 | SEN | SLB | 10.65 | |
| 2 | Diogo Da Luísa | 1994 | SEN | GS | 11.82 | |
| 3 | Ricardo Gonçalves | 1994 | SEN | AAC | 12.17 | |
| 4 | Duarte Cruz | 2004 | JUN | SGAMES | 12.56 | |
| DNS | Pedro Porto | 1999 | SEN | BRA AAC | | x |
| DNS | André Oliveira | 2004 | JUN | CPTSC | | x |
| DNS | João Neves | 2003 | JUN | CPTSC | | x |
| DNS | Tiago Buco | 2003 | JUN | GS | | x |

100 Metros - Eliminatórias | INI a JUV - F | Dia 1

Série 1 v = -1.0 (Manual)

| | | | | | |
|---|----------------|------|-----|-----|-------|
| 1 | Matilde Simões | 2005 | JUV | SVB | 12.91 |
|---|----------------|------|-----|-----|-------|

| | | | | | | |
|-----|-------------------|------|------|---------|-------|---|
| 2 | Catarina Seabra | 2008 | INI | GRE-AA | 13.55 | q |
| 3 | Matilde Freixinho | 2005 | JUV | CAOH | 13.74 | q |
| 4 | Maria Miguel Neto | 2006 | JUV | ARC-EAC | 13.91 | q |
| 5 | Rita Ferreira | 2007 | INI | ACDRSQ | 14.85 | |
| 6 | Joana Dinis | | NDef | CAOH | 15.39 | |
| DNS | Matilde Albarino | 2005 | JUV | SGAMES | | x |

Série 2 v = -0.2 (Manual)

| | | | | | | |
|---|----------------------|------|-----|--------|-------|---|
| 1 | Joana Barreto Santos | 2005 | JUV | MC | 12.87 | q |
| 2 | Joana Rodrigues | 2005 | JUV | CDP-C | 13.18 | q |
| 3 | Rita Abrantes | 2007 | INI | CDP-C | 14.03 | q |
| 4 | Maria Leonor Santos | 2007 | INI | ACDRSQ | 14.19 | q |
| 5 | Carla Cunha | 2008 | INI | AMCRS | 14.61 | q |
| 6 | Mariana Gil | 2008 | INI | SGAMES | 16.18 | |

100 Metros - Prova Extra | JUN a VET - F | Dia 1

Série 1 v = +1.0 (Manual)

| | | | | | |
|---|-----------------|------|--------|--------|-------|
| 1 | Lurdes Oliveira | 2004 | JUN | GRE-AA | 12.40 |
| 2 | Marta Serra | 2002 | SUB-23 | GRE-AA | 12.45 |

300 Metros | INI a JUV - M | Dia 1

Série 1

| | | | | | |
|---|------------------|------|------|--------|-------|
| 1 | André Reis | 2006 | JUV | CPTSC | 37.03 |
| 2 | Miguel Antunes | 2005 | JUV | CPTSC | 37.41 |
| 3 | Bernardo Salgado | 2006 | JUV | CPTSC | 39.98 |
| 4 | Duarte Vieira | | NDef | CAOH | 40.51 |
| 5 | Diogo Bandarra | 2007 | INI | ACDRSQ | 40.90 |

300 Metros | INI a JUV - F | Dia 1

Série 1

| | | | | | |
|---|--------------------|------|------|---------|-------|
| 1 | Margarida Oliveira | 2008 | INI | GRE-AA | 41.10 |
| 2 | Joana Rodrigues | 2005 | JUV | CDP-C | 43.08 |
| 3 | Jessica Mateus | 2007 | INI | ARC-EAC | 43.54 |
| 4 | Ana Luísa Silva | 2007 | INI | ACDRSQ | 44.89 |
| 5 | Juliana Cruz | 2007 | INI | CDP-C | 48.42 |
| 6 | Joana Dinis | | NDef | CAOH | 50.86 |
| 7 | Beatriz Guimarães | 2005 | JUV | AAC | 51.79 |
| 8 | Madalena Gouveia | 2006 | JUV | CAOH | 53.16 |

Dardo 700 gr | INI a JUV - M | Dia 1

Série 1

| | | | | | |
|---|-------------------|------|-----|-----------|-------|
| 1 | Tiago Ramos | 2007 | INI | GS | 46.61 |
| 2 | André Osório | 2005 | JUV | SVB | 43.20 |
| 3 | Rui Paulino | 2006 | JUV | SUOV | 33.89 |
| 4 | Eduardo Henriques | 2005 | JUV | AMCRS | 29.77 |
| 5 | Lucas Carvalho | 2008 | INI | CDP-C | 21.30 |
| 6 | Rui Silveira | 2007 | INI | ANG CLUVE | 17.58 |

Tripla Salto | INI a JUV - M | Dia 1

Série 1

| | | | | | | |
|---|---------------------|------|-----|--------|-------|--------|
| 1 | Pedro Rui Gomes | 2005 | JUV | CPTSC | 12.01 | v 0.90 |
| 2 | André Osório | 2005 | JUV | SVB | 11.95 | v 0.10 |
| 3 | Diogo Fachada | 2006 | JUV | AAC | 11.28 | v -0.1 |
| 4 | Riccardo Schindelar | 2006 | JUV | SUOV | 10.94 | v 0.80 |
| 5 | Tomás Machado | 2007 | INI | GRE-AA | 10.68 | v -1.3 |
| 6 | Diogo Dias | 2008 | INI | CPTSC | 9.73 | v 0.10 |

1.500 Metros | INI a JUV - F | Dia 1**Série 1**

| | | | | | |
|-----|-----------------|------|-----|---------|---------|
| 1 | Francisca Nunes | 2008 | INI | CCX | 6:06.10 |
| 2 | Joana Martinho | 2006 | JUV | CLUVE | 6:29.29 |
| DNS | Laura Serra | 2008 | INI | ARC-EAC | x |

1.500 Metros | INI a JUV - M | Dia 1**Série 1**

| | | | | | |
|-----|------------------|------|-----|---------|---------|
| 1 | Bernardo Pancas | 2008 | INI | ARC-EAC | 4:30.39 |
| 2 | Diogo Teixeira | 2006 | JUV | ARC-EAC | 4:34.63 |
| 3 | Rodrigo Baptista | 2006 | JUV | CPTSC | 4:40.23 |
| 4 | Alfredo Marcelo | 2008 | INI | ACDRSQ | 5:06.77 |
| 5 | Martim Rosas | 2007 | INI | CDP-C | 5:08.66 |
| 6 | Paulo Oliveira | 2006 | JUV | AMCRS | 6:03.31 |
| DNS | Miguel Lopes | 2008 | INI | ASCV | x |

100 Metros - Final | INI a JUV - M | Dia 1**Série 1 v = +0.2 (Manual)**

| | | | | | | |
|---|---------------------|------|-----|---------|-------|-------|
| 1 | João Oliveira | 2005 | JUV | ARC-EAC | 11.85 | |
| 2 | Alexandre Graça | 2007 | INI | GS | 12.07 | |
| 3 | Gabriel Santos | 2007 | INI | ACDRSQ | 12.42 | |
| 4 | José Pedro Jesus | 2007 | INI | SGAMES | 12.81 | |
| 5 | Rui Silveira | 2007 | INI | ANG | CLUVE | 13.13 |
| 6 | António Salgado | 2007 | INI | CPTSC | 13.14 | |
| 7 | José Pedro Oliveira | 2008 | INI | AAC | 14.82 | |
| 8 | Diogo Teorgas | 2008 | INI | CLUVE | 16.29 | |

100 Metros - Final | INI a JUV - F | Dia 1**Série 1 v = +0.3 (Manual)**

| | | | | | |
|-----|----------------------|------|-----|---------|-------|
| 1 | Joana Barreto Santos | 2005 | JUV | MC | 12.85 |
| 2 | Catarina Seabra | 2008 | INI | GRE-AA | 13.43 |
| 3 | Maria Miguel Neto | 2006 | JUV | ARC-EAC | 13.76 |
| 4 | Matilde Freixinho | 2005 | JUV | CAOH | 13.86 |
| 5 | Rita Abrantes | 2007 | INI | CDP-C | 14.16 |
| 6 | Maria Leonor Santos | 2007 | INI | ACDRSQ | 14.17 |
| 7 | Carla Cunha | 2008 | INI | AMCRS | 14.67 |
| DNS | Joana Rodrigues | 2005 | JUV | CDP-C | x |

400 Metros - Prova Extra | JUN a VET - M | Dia 1**Série 1**

| | | | | | |
|---|--------------|------|--------|--------|-------|
| 1 | João Garcia | 1994 | SEN | CPTSC | 53.73 |
| 2 | Paulo Garcia | 1968 | VET 50 | SGAMES | 58.19 |

400 Metros - Prova Extra | JUN a VET - F | Dia 1**Salto Vara | INI a JUV - F | Dia 1****Salto Vara | INI a JUV - M | Dia 1****4 x 100 Metros | INI a JUV - M | Dia 1****Série 1**

| | | | | | |
|---|--------------------|----|--|--------|-------|
| 1 | C P T SOBRAL CEIRA | ND | | CPTSC | 50.82 |
| 2 | ACDRS QUINHENDROS | ND | | ACDRSQ | 52.46 |

4 x 100 Metros | INI a JUV - F | Dia 1**Série 1**

| | | | | | |
|---|--------------------|----|--|---------|-------|
| 1 | A R CASAENSE - EAC | ND | | ARC-EAC | 54.85 |
|---|--------------------|----|--|---------|-------|

5.000 Metros Marcha | INI a JUV - F | Dia 1**5.000 Metros Marcha | INI a JUV - M | Dia 1****Salto Comprimento | INI a JUV - M | Dia 2****Série 1**

| | | | | | | |
|----|---------------------|------|-----|---------|-------|------|
| 1 | Gabriel Santos | 2007 | INI | ACDRSQ | 5.62 | |
| 2 | Pedro Rui Gomes | 2005 | JUV | CPTSC | 5.49 | |
| 3 | Tiago Ramos | 2007 | INI | GS | 5.48 | |
| 4 | Alexandre Graça | 2007 | INI | GS | 5.39 | |
| 5 | Diogo Teixeira | 2006 | JUV | ARC-EAC | 5.06 | |
| 6 | Riccardo Schindelar | 2006 | JUV | SUOV | 5.01 | |
| 7 | José Pedro Jesus | 2007 | INI | SGAMES | 4.98 | |
| 8 | Rui Silveira | 2007 | INI | ANG | CLUVE | 4.60 |
| 9 | Diogo Dias | 2008 | INI | CPTSC | 4.35 | |
| 10 | Diogo Teorgas | 2008 | INI | CLUVE | 3.34 | |
| 10 | Guilherme Tavares | 2005 | JUV | GCAD | 5.98 | |
| 10 | Diogo Monteiro | 2006 | JUV | GCAD | 5.27 | |

Salto Altura | INI a JUV - F | Dia 2**Série 1**

| | | | | | |
|---|------------------|------|-----|---------|------|
| 1 | Lara Geirinhas | 2005 | JUV | GCAD | 1.52 |
| 2 | Diana Laranjeira | 2005 | JUV | CLUVE | 1.44 |
| 3 | Rita Abrantes | 2007 | INI | CDP-C | 1.35 |
| 4 | Beatriz Marques | 2006 | JUV | ARC-EAC | 1.30 |
| 5 | Catarina Seabra | 2008 | INI | GRE-AA | 1.25 |
| 6 | Helena Fernandes | 2008 | INI | SGAMES | SM |

3.000 Metros | JUV - M | Dia 2**Série 1**

| | | | | | |
|---|---------------------|------|-----|--------|----------|
| 1 | Guilherme Fernandes | 2005 | JUV | ACDRSQ | 9:48.37 |
| 2 | Diogo Pagaimo | 2005 | JUV | SUOV | 9:51.02 |
| 3 | Rodrigo Baptista | 2006 | JUV | CPTSC | 10:25.36 |

3.000 Metros - Prova Extra | JUN a VET - M | Dia 2**Série 1**

| | | | | | |
|-----|-----------------|------|--------|-------|----------|
| 1 | Rúben Fortunato | 2002 | SUB-23 | CPTSC | 8:52.13 |
| 2 | Francisco Graça | 2003 | JUN | ASCV | 9:38.51 |
| 3 | Hugo Coelho | 1969 | VET 50 | CLUVE | 9:52.27 |
| 4 | Francisco Abade | ND | | CLUVE | 13:41.78 |
| DNF | Mauro Simões | 2004 | JUN | CPTSC | x |
| DNF | João Albano | 2003 | JUN | CPTSC | x |

3.000 Metros | JUV - F | Dia 2**Série 1**

| | | | | | |
|-----|----------------|------|-----|-------|---|
| DNS | Joana Martinho | 2006 | JUV | CLUVE | x |
|-----|----------------|------|-----|-------|---|

3.000 Metros - Prova Extra | JUN a VET - F | Dia 2**Série 1**

| | | | | | |
|---|-------------|------|--------|---------|----------|
| 1 | Célia Alves | 1978 | VET 40 | ARC-EAC | 11:56.47 |
|---|-------------|------|--------|---------|----------|

200 Metros | INI a JUV - M | Dia 2**Série 1 v = +0.4 (Manual)**

| | | | | | |
|---|-----------------|------|-----|---------|-------|
| 1 | André Reis | 2006 | JUV | CPTSC | 23.44 |
| 2 | João Oliveira | 2005 | JUV | ARC-EAC | 23.85 |
| 3 | Alexandre Graça | 2007 | INI | GS | 25.67 |
| 4 | António Salgado | 2007 | INI | CPTSC | 26.37 |
| 5 | Gabriel Santos | 2007 | INI | ACDRSQ | 26.68 |



FEDERAÇÃO
PORTUGUESA
ATLETISMO

100 ANOS
1921 - 2021

200 Metros | INI a JUV - F | Dia 2**Série 1 v = -0.3 (Manual)**

| | | | | | |
|-----|-------------------|------|-----|---------|-------|
| 1 | Matilde Freixinho | 2005 | JUV | CAOH | 28.39 |
| 2 | Maria Miguel Neto | 2006 | JUV | ARC-EAC | 28.53 |
| 3 | Juliana Cruz | 2007 | INI | CDP-C | 30.67 |
| 4 | Carla Cunha | 2008 | INI | AMCRS | 31.59 |
| 5 | Rita Ferreira | 2007 | INI | ACDRSQ | 31.96 |
| 6 | Camila Ferraz | 2007 | INI | GRE-AA | 32.49 |
| DNS | Mariana Gil | 2008 | INI | SGAMES | x |

Série 2 v = +0.8 (Manual)

| | | | | | |
|---|----------------------|------|-----|--------|-------|
| 1 | Joana Barreto Santos | 2005 | JUV | MC | 26.49 |
| 2 | Joana Santos | 2005 | JUV | GRE-AA | 28.30 |
| 3 | Catarina Seabra | 2008 | INI | GRE-AA | 28.89 |
| 4 | Matilde Albarino | 2005 | JUV | SGAMES | 30.03 |
| 5 | Maria Leonor Santos | 2007 | INI | ACDRSQ | 30.08 |
| 6 | Branca Fernandes | 2007 | INI | ACDRSQ | 31.35 |
| 7 | Beatriz Guimarães | 2005 | JUV | AAC | 31.74 |

200 Metros - Prova Extra | JUN a VET - M | Dia 2**Série 1 v = +1.2 (Manual)**

| | | | | | |
|-----|----------------|------|-----|--------|-------|
| 1 | Diogo Da Luísa | 1994 | SEN | GS | 23.95 |
| 2 | João Neves | 2003 | JUN | CPTSC | 26.90 |
| 3 | João Tinoco | 1995 | SEN | ACDRSQ | 27.84 |
| DNS | André Oliveira | 2004 | JUN | CPTSC | x |

200 Metros - Prova Extra | JUN a VET - F | Dia 2**Série 1 v = +0.1 (Manual)**

| | | | | | |
|---|--------------------|------|--------|--------|-------|
| 1 | Marta Serra | 2002 | SUB-23 | GRE-AA | 26.08 |
| 2 | Francisca Cantante | 1999 | SEN | GRE-AA | 26.57 |

Tripo Salto | INI a JUV - F | Dia 2**Série 1**

| | | | | | | |
|---|------------------|------|-----|--------|----------------|---------------|
| 1 | Amanda Salvado | 2005 | JUV | GCAD | 10.37 v 0.20 | |
| 2 | Diana Laranjeira | 2005 | JUV | CLUVE | 10.22 v | |
| 3 | Carla Silveira | 2005 | JUV | ANG | CLUVE | 9.97 v 0.50 |
| 4 | Rita Abrantes | 2007 | INI | CDP-C | 9.91 v 0.10 | |
| 5 | Leonor Saraiva | 2007 | INI | GRE-AA | 9.89 v 0.20 | |

Salto Altura | INI a JUV - M | Dia 2**Série 1**

| | | | | | |
|---|---------------------|------|-----|-------|------|
| 1 | Pedro Rui Gomes | 2005 | JUV | CPTSC | 1.70 |
| 2 | Tomás Melo | 2006 | JUV | GCAD | 1.59 |
| 3 | Riccardo Schindelar | 2006 | JUV | SUOV | 1.59 |

300 Metros Barreiras 0.76 | INI a JUV - F | Dia 2**Série 1**

| | | | | | |
|---|----------------|------|-----|--------|-------|
| 1 | Leonor Saraiva | 2007 | INI | GRE-AA | 51.47 |
| 2 | Juliana Cruz | 2007 | INI | CDP-C | 57.48 |

300 Metros Barreiras 0.84 | INI a JUV - M | Dia 2**Série 1**

| | | | | | |
|---|-------------------|------|-----|---------|-------|
| 1 | André Reis | 2006 | JUV | CPTSC | 41.26 |
| 2 | Miguel Antunes | 2005 | JUV | CPTSC | 41.80 |
| 3 | Guilherme Távares | 2005 | JUV | GCAD | 43.33 |
| 4 | Tomás Machado | 2007 | INI | GRE-AA | 46.38 |
| 5 | Diogo Teixeira | 2006 | JUV | ARC-EAC | 46.55 |

800 Metros | INI a JUV - M | Dia 2**Série 1**

| | | | | | |
|-----|---------------------|------|-----|---------|---------|
| 1 | Afonso Oliveira | 2005 | JUV | CPTSC | 1:57.86 |
| 2 | Emanuel Silva | 2005 | JUV | GS | 2:05.12 |
| 3 | Bernardo Salgado | 2006 | JUV | CPTSC | 2:07.45 |
| 4 | Bernardo Pancas | 2008 | INI | ARC-EAC | 2:09.76 |
| 5 | Martim Cruz | 2007 | INI | GS | 2:17.47 |
| 6 | Alfredo Marcelo | 2008 | INI | ACDRSQ | 2:32.17 |
| 7 | Martim Rosas | 2007 | INI | CDP-C | 2:36.19 |
| 8 | Paulo Oliveira | 2006 | JUV | AMCRS | 2:43.47 |
| 9 | José Pedro Oliveira | 2008 | INI | AAC | 2:43.68 |
| DNS | Miguel Lopes | 2008 | INI | ASCV | x |
| DNF | Alexandre Lucas | 2005 | JUV | CPTSC | x |

800 Metros | INI a JUV - F | Dia 2**Série 1**

| | | | | | |
|-----|--------------------|------|-----|---------|---------|
| 1 | Margarida Oliveira | 2008 | INI | GRE-AA | 2:19.09 |
| 2 | Rita Cardoso | 2008 | INI | GRE-AA | 2:47.43 |
| DNS | Laura Serra | 2008 | INI | ARC-EAC | x |

Peso 3 Kg | INI a JUV - F | Dia 2**Série 1**

| | | | | | | |
|---|----------------|------|-----|--------|-------|------|
| 1 | Juliana Neves | 2005 | JUV | CLUVE | 10.28 | |
| 2 | Lara Geirinhas | 2005 | JUV | GCAD | 9.98 | |
| 3 | Cecília Costa | 2006 | JUV | BRA | GCAD | 8.62 |
| 4 | Inês Almeida | 2006 | JUV | CDP-C | 7.37 | |
| 5 | Camila Ferraz | 2007 | INI | GRE-AA | 6.85 | |
| 6 | Rita Saro | 2008 | INI | CPTSC | 5.97 | |

Peso 5 Kgs | INI a JUV - M | Dia 2**Série 1**

| | | | | | |
|-----|----------------|------|-----|-------|-------|
| 1 | Rui Paulino | 2006 | JUV | SUOV | 11.70 |
| 2 | Tiago Ramos | 2007 | INI | GS | 9.81 |
| 3 | Diogo Fachada | 2006 | JUV | AAC | 9.45 |
| 4 | Lucas Carvalho | 2008 | INI | CDP-C | 8.21 |
| DNS | Leonardo Silva | 2008 | INI | SUOV | x |

800 Metros - Prova Extra | JUN a VET - M | Dia 2**Série 1**

| | | | | | |
|-----|-------------------|------|--------|--------|---------|
| 1 | Guilherme Martins | 2004 | JUN | AAC | 2:03.93 |
| 2 | Nuno Sousa | 1974 | VET 45 | ADR4E | 2:20.02 |
| DNF | Fábio Abrantes | 1990 | SEN | GRE-AA | x |
| DNF | Paulo Garcia | 1968 | VET 50 | SGAMES | x |

800 Metros - Prova Extra | JUN a VET - F | Dia 2**Série 1**

| | | | | |
|---|------------------|----|-------|---------|
| 1 | Daniela Assunção | ND | CPTSC | 2:30.56 |
|---|------------------|----|-------|---------|

Estafeta Medley | INI a JUV - M | Dia 2**Estafeta Medley | INI a JUV - F | Dia 2****Martelo 3 Kg | INI a JUV - F | Dia 3****Martelo 5 Kg | INI a JUV - M | Dia 3****Disco 1 Kg | INI a JUV - F | Dia 3****Disco 1,5 Kg | INI a JUV - M | Dia 3****2.000 Metros Obstáculos 0.76 | JUV - F | Dia 3****2.000 Metros Obstáculos 0.84 | JUV - M | Dia 3**

FEDERAÇÃO
PORTUGUESA
ATLETISMO

100 ANOS
1921 - 2021

Femininos

| Posicao | Clube | Pontos |
|---------|---------|--------|
| 1 | GRE-AA | 93.0 |
| 2 | CLUVE | 70.0 |
| 3 | CDP-C | 61.0 |
| 4 | ARC-EAC | 38.0 |
| 5 | CAOH | 16.0 |
| 5 | MC | 16.0 |
| 7 | SGAMES | 14.0 |
| 8 | CCX | 13.0 |
| 9 | ACDRSQ | 10.0 |
| 10 | CPTSC | 5.0 |
| 11 | AAC | 2.0 |
| 11 | AMCRS | 2.0 |

Masculinos

| Posicao | Clube | Pontos |
|---------|---------|--------|
| 1 | CPTSC | 105.0 |
| 2 | GS | 50.0 |
| 3 | ARC-EAC | 44.0 |
| 4 | ACDRSQ | 38.0 |
| 4 | SUOV | 38.0 |
| 6 | CDP-C | 16.0 |
| 7 | AAC | 15.0 |
| 8 | GRE-AA | 11.0 |
| 9 | CLUVE | 10.0 |
| 9 | AMCRS | 10.0 |
| 11 | SGAMES | 7.0 |
| 12 | CAOH | 5.0 |
| 13 | ASCV | 0.0 |



FEDERAÇÃO
PORTUGUESA
ATLETISMO

100 ANOS
1921 - 2021

Estatística Clubes

| Sigla | Nº atletas Masculino | Nº atletas Feminino | Nº atletas Total | Participações Masculino | Participações Feminino | Participações Total |
|--------------|----------------------|---------------------|------------------|-------------------------|------------------------|---------------------|
| AAC | 5 | 1 | 6 | 8 | 2 | 10 |
| ACDRSQ | 5 | 4 | 9 | 9 | 7 | 16 |
| ADR4E | 1 | 0 | 1 | 1 | 0 | 1 |
| AMCRS | 2 | 1 | 3 | 3 | 3 | 6 |
| ARC-EAC | 3 | 5 | 8 | 8 | 9 | 17 |
| ASCV | 2 | 0 | 2 | 4 | 0 | 4 |
| CAOH | 0 | 2 | 2 | 0 | 5 | 5 |
| CCX | 0 | 2 | 2 | 0 | 2 | 2 |
| CDP-C | 2 | 4 | 6 | 4 | 14 | 18 |
| CLUVE | 3 | 4 | 7 | 8 | 11 | 19 |
| CPTSC | 15 | 1 | 16 | 27 | 1 | 28 |
| GCAD | 3 | 3 | 6 | 4 | 4 | 8 |
| GRE-AA | 2 | 9 | 11 | 3 | 21 | 24 |
| GS | 6 | 0 | 6 | 12 | 0 | 12 |
| MC | 0 | 1 | 1 | 0 | 3 | 3 |
| SGAMES | 3 | 3 | 6 | 6 | 6 | 12 |
| SLB | 1 | 0 | 1 | 1 | 0 | 1 |
| SUOV | 4 | 0 | 4 | 7 | 0 | 7 |
| SVB | 1 | 1 | 2 | 2 | 1 | 3 |
| _NaoFederado | - | - | 7 | - | - | 8 |
| _Total | 58 | 41 | 106 | 107 | 89 | 204 |



FEDERAÇÃO
PORTUGUESA
ATLETISMO

100 ANOS
1921 - 2021

Estatística Escalão

| Escalão | Nº atletas Masculino | Nº atletas Feminino | Nº atletas Total | Participações Masculino | Participações Feminino | Participações Total |
|--------------|----------------------|---------------------|------------------|-------------------------|------------------------|---------------------|
| INI | 18 | 19 | 37 | 45 | 43 | 88 |
| JUV | 21 | 18 | 39 | 39 | 41 | 80 |
| JUN | 8 | 1 | 9 | 10 | 1 | 11 |
| SUB-23 | 1 | 1 | 2 | 1 | 2 | 3 |
| SEN | 7 | 1 | 8 | 8 | 1 | 9 |
| VET 40 | 0 | 1 | 1 | 0 | 1 | 1 |
| VET 45 | 1 | 0 | 1 | 1 | 0 | 1 |
| VET 50 | 2 | 0 | 2 | 3 | 0 | 3 |
| _NaoFederado | - | - | 7 | - | - | 8 |



FEDERAÇÃO
PORTUGUESA
ATLETISMO

100 ANOS
1921 - 2021

Designação Clubes

| Sigla | Nome | Associação |
|---------|---------------------|----------------|
| AAC | ASS ACAD COIMBRA | Coimbra |
| ACDRSQ | ACDRS QUINHENDROS | Coimbra |
| ADR4E | A D REC 4 ESTAÇÕES | Coimbra |
| AMCRS | A M C R SILVEIRINHO | Coimbra |
| ARC-EAC | A R CASAENSE - EAC | Coimbra |
| ASCV | A S C VALEIRINHA | Coimbra |
| CAOH | C OLIVEIRA HOSPITAL | Coimbra |
| CCX | CLUBE DE CONDEIXA | Coimbra |
| CDP-C | C DESP PENACOVA | Coimbra |
| CLUVE | C VETERANOS COIMBRA | Coimbra |
| CPTSC | C P T SOBRAL CEIRA | Coimbra |
| GCAD | G C A DONAS | Castelo Branco |
| GRE-AA | GRUPO REC EIRENSE | Coimbra |
| GS | GIRA SOL | Coimbra |
| MC | MONTANHA CLUBE | Coimbra |
| SGAMES | SANDGAMES FIGUEIRA | Coimbra |
| SLB | S L BENFICA | Lisboa |
| SUOV | S U OPERÁRIA VAIS | Coimbra |
| SVB | SPORT VISEU BENFICA | Viseu |



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