ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO GERAL MASCULINA

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos	Corrigida
1	Alex Silva	7	ACT	100	99	99	99	0	100	100	0	0	100	697	598
2	Jorge Albuquerque	6	UGAS	0	0	0	94	99	0	97	99	96	96	581	581
3	João Silva	6	ACDRSQ	91	94	98	0	0	0	99	0	98	99	579	579
4	José Galvão	6	ARC-EAC	96	95	97	95	100	0	94	0	0	0	577	577
5	Fábio Cruz	9	CAOH	79	91	92	92	97	98	93	100	91	0	833	572
6	Luís Narciso	8	OMDC	87	0	94	93	0	97	92	97	94	95	749	570
7	Pedro Farias	6	TOCER	0	96	95	91	96	0	90	98	0	0	566	566
8	Valter Lopes	6	ACDRSQ	88	92	96	0	95	0	96	0	0	97	564	564
9	Paulo Marreiros	10	CTR	83	84	84	89	89	95	86	95	93	91	889	552
10	Vitor Duarte	9	AERG	68	73	76	88	92	94	91	89	0	98	769	552
11	João Simões	6	PENATURE	65	0	0	0	98	96	88	94	99	0	540	540
12	António Santos	6	ACDRSQ	84	89	87	0	0	92	0	91	0	87	530	530
13	Didier de Jesus	6	ARC-EAC	77	0	0	0	0	91	87	93	89	92	529	529
14	Nelson Meco	8	AMEAL	0	81	82	85	85	89	89	0	88	90	689	526
15	Joel Amado	7	ATPTR	0	0	78	76	82	86	79	0	78	89	568	492
16	João Simões	6	ACDRSQ	71	87	85	0	86	71	81	0	0	0	481	481
17	Álvaro Mano	6	CFM	0	74	79	77	84	87	80	0	0	0	481	481
18	João Neves	8	ATPTR	61	70	0	6	80	81	74	88	0	86	546	479
19	João Marques	6	CFM	60	85	83	83	0	0	82	85	0	0	478	478
20	José Santos	6	ASSSCC	62	0	73	79	0	84	78	92	0	0	468	468
21	Luis Lourenço	6	ACRSM	70	79	67	82	81	0	73	0	0	0	452	452
22	Aurélio Saúde	7	ACDRSQ	50	78	71	0	0	68	71	87	76	0	501	451
23	José Zananar	6	ACT	69	77	64	75	72	0	0	0	83	0	440	440
24	David Pinho	6	DOMUS	51	71	0	80	74	83	72	0	0	0	431	431
25	Rui Mateus	7	PENATURE	56	0	59	68	77	80	69	0	75	0	484	428
26	Mauro Pires	6	CUMIBROA	0	0	0	69	51	74	62	83	0	85	424	424
27	João Gandarez	6	AMEAL	54	82	74	66	83	0	56	0	0	0	415	415
28	Joao Paiva	7	ATPTR	48	67	0	0	0	50	53	78	74	83	453	405
29	Miguel Vasco	8	GRV	47	64	57	52	66	73	67	0	77	0	503	404
30	Marco Brásio	6	ADCRP	57	66	0	60	64	77	0	0	0	79	403	403
31	Vicent Eugéne	6	CUMIBROA	0	0	46	57	67	78	64	80	0	0	392	392
32	Sérgio Santos	8	CSCRB	0	44	39	51	69	48	65	79	79	0	474	391
33	José Fonseca	8	PENATURE	42	60	55	61	71	70	54	0	72	0	485	389
34	João Matos	6	GMIRO	43	0	0	47	0	0	59	77	71	77	374	374
35	Cláudio Matos	6	ADCRP	44	56	0	0	57	75	57	71	0	0	360	360
36	Marco Santos	7	ASSSCC	23	0	47	0	55	66	50	0	62	74	377	354
37	Filipe Ribeiro	6	ACRSM	13	62	0	62	0	0	63	0	64	80	344	344
38	Marco Nobre	7	ADCRP	0	42	7	71	44	67	51	0	66	0	348	341
39	Nuno Almeida	6	ASSSCC	39	0	49	50	60	0	0	0	67	75	340	340
40	Fernando Alhau	8	CTR	31	49	35	42	53	61	52	0	0	76	399	333
41	Adérito Neves	6	AMEAL	28	0	45	56	0	58	60	81	0	0	328	328
42	André Silveiro	6	CUMIBROA	0	0	0	41	50	60	48	73	56	0	328	328
43	Carlos Santos	7	GRV	40	55	37	33	63	0	61	0	68	0	357	324
44	Rafael Rodrigues	7	AMEAL	14	50	0	35	0	65	44	67	61	0	336	322
45	Marcos Afonso	7	CUMIBROA	1	0	31	36	52	64	0	64	0	71	319	318
46	Jorge Bandeira	6	ADCRP	1	0	53	59	0	0	36	70	0	82	301	301
47	Alexandre Tarrafa	6	ATPTR	18	47	0	39	46	0	0	69	0	78	297	297
48	Tiago Lopes	8	ACRSM	1	30	0	10	31	0	41	57	55	68	293	282
49	Vitor Santos	8	GRV	19	43	19	21	37	0	47	0	58	67	311	273

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50	Fábio Barroca	6	GRV	11	0	34	44	47	63	0	74	0	0	273	273
51	João Cruz	6	GRV	9	0	0	23	0	54	43	0	65	73	267	267
52	Pedro Figueiredo	6	TOCER	12	54	0	38	38	0	49	72	0	0	263	263
53	Nuno Queda	6	GATOES	26	45	0	34	0	0	39	56	57	0	257	257
54	Luís Dias	7	IND	27	0	30	29	28	59	35	63	0	0	271	244
55	David Mestre	6	DOMUS	0	36	23	32	42	0	46	65	0	0	244	244
56	José Correia	6	ARSM	38	48	13	26	0	55	45	0	0	0	225	225
57	André Santos	6	ATPTR	15	46	32	28	30	0	0	66	0	0	217	217
58	António Calhau	6	PENATURE	6	0	0	24	32	52	38	53	0	0	205	205
59	Carlos Campos	6	AMEAL	20	0	11	25	40	0	42	55	0	0	193	193
60	Jorge Mendes	6	CUMIBROA	5	0	22	18	27	0	0	54	0	62	188	188
61	Vasco Gamboa	6	GRV	2	35	12	0	39	0	40	59	0	0	187	187
62	Paulo Martins	6	ARSM	1	0	0	14	26	49	37	60	0	0	187	187
63	Herminio Almeida	6	GRV	8	28	15	16	0	0	0	0	54	66	187	187
	Rui Varanda	5	ACT	72	0	70	81	78	0	0	0	81	0	382	
	Fábio Antunes	4	ACT	94	0	89	0	94	0	95	0	0	0	372	
	Rafael Silva	4	ACDRSQ	76	83	91	0	0	90	0	0	0	0	340	
	Luis Couto	4	ASSSCC	81	0	80	87	88	0	0	0	0	0	336	
	Bruno Primo	5	PENATURE	53	72	0	67	76	0	0	68	0	0	336	
	Eduardo Costa	4	ACT	74	88	86	0	0	0	85	0	0	0	333	
	Vasco Pereira	3	ARC-EAC	0	100	0	100	0	0	0	0	100	0	300	
	Luís Gonçalves	4	GRV	66	0	75	78	0	0	75	0	0	0	294	
	David Campos	4	ARSM	55	0	0	74	0	85	77	0	0	0	291	
	Tiago Martins	4	PENATURE	0	0	60	72	75	82	0	0	0	0	289	
	José Jesus	4	FB-TR	0	69	65	0	65	0	0	86	0	0	285	
	Miguel Pires	3	ARC-EAC	0	0	90	0	93	93	0	0	0	0	276	
	David Soares	3	CCRA	90	93	88	0	0	0	0	0	0	0	271	
	António Jorge	4	ACDRSQ	0	68	68	0	0	0	58	76	0	0	270	
	Luis M. Varanda	5	ACT	0	57	41	49	54	0	55	0	0	0	256	
	Diogo Monteiro	3	RODADIAN	0	0	0	84	0	88	84	0	0	0	256	
	Joaquim Sousa	3	GRV	89	0	0	90	0	0	0	0	69	0	248	
	Luís Silva	5	GATOES	45	0	51	19	58	0	0	0	73	0	246	
	Bruno Estêvão	3	DOMUS	58	86	0	0	0	0	0	90	0	0	234	
	João Carvalho	3	IND	67	0	77	73	0	0	0	0	0	0	217	
	Tiago Abreu	3	GRV	73	0	0	0	73	62	0	0	0	0	208	
	Paulo Palhinha	2	ARC-EAC	0	97	100	0	0	0	0	0	0	0	197	
	José Madeira	2	ARC-EAC	98	0	0	0	0	99	0	0	0	0	197	
	António Santos	3	PENATURE	0	0	0	0	0	53	0	0	63	81	197	
	David Carvalheiro	2	ARC-EAC	0	98	0	0	0	0	98	0	0	0	196	
	Paulo Neves	2	IND	99	0	0	96	0	0	0	0	0	0	195	
	Carlos Pereira	2	PENATURE	0	0	0	97	0	0	0	0	97	0	194	
	André Magalhães	2	IND	0	0	0	0	91	0	0	0	92	0	183	
	Daniel Gandarez	3	DOMUS	0	58	52	70	0	0	0	0	0	0	180	
	César Figueiredo	2	ACT	86	0	93	0	0	0	0	0	0	0	179	
	Filipe Carvalheiro	3	GDF-C	49	63	0	65	0	0	0	0	0	0	177	
	Mário Neves	4	GRV	33	52	43	46	0	0	0	0	0	0	174	
	Miguel Sequeira	4	IND	0	0	20	37	0	57	0	58	0	0	172	
	Daniel Batata	2	ACT	82	0	0	0	0	0	0	0	0	88	170	
	Paulo Moreira	3	CFM	0	61	54	54	0	0	0	0	0	0	169	

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	Tiago Simões	3	ACDRSQ	0	0	40	0	59	69	0	0	0	0	168	
	Filipe Pinhão	2	GRV	85	0	0	0	0	0	0	0	82	0	167	
	Hugo Santos	4	AERG	32	51	28	53	0	0	0	0	0	0	164	
	José Santos	5	SMOV	0	0	0	9	23	44	34	51	0	0	161	
	Luis Silva	2	RODADIAN	80	76	0	0	0	0	0	0	0	0	156	
	Vitor Varandas	2	CFM	0	0	0	0	0	0	68	0	80	0	148	
	Tiago Pita	2	AMEAL	75	0	0	0	0	0	70	0	0	0	145	
	Eduardo Loureiro	2	TOCER	0	0	61	0	0	0	0	84	0	0	145	
	André Fonte	2	ARC-EAC	0	0	0	0	68	76	0	0	0	0	144	
	Márcio Rodrigues	2	ACDRSQ	59	0	72	0	0	0	0	0	0	0	131	
	Carlos Palaio	2	TOCER	0	0	56	58	0	0	0	0	0	0	114	
	Pedro Coutinho	3	GMIRO	1	0	0	0	0	46	0	0	0	63	110	
	André Martins	3	GMIRO	0	31	6	0	0	0	0	0	0	70	107	
	Joselito Marques	4	ASSSCC	3	0	10	27	0	0	0	0	0	65	105	
	Pedro Ganilho	2	ARSM	0	0	0	0	45	56	0	0	0	0	101	
	Nelson Azenha	2	TOCER	0	0	44	55	0	0	0	0	0	0	99	
	José Silva	2	GRV	0	53	0	45	0	0	0	0	0	0	98	
	Nelson Costa	1	ARC-EAC	0	0	0	98	0	0	0	0	0	0	98	
	Diogo Teixeira	1	ARCDVL	97	0	0	0	0	0	0	0	0	0	97	
	Igor Neves	1	ACDRSQ	0	0	0	0	0	0	0	96	0	0	96	
	Tiago Silva	1	GATOES	95	0	0	0	0	0	0	0	0	0	95	
	Tiago Gonçalves	1	ARC-EAC	0	0	0	0	0	0	0	0	95	0	95	
	António Cunha	1	CPTSC	0	0	0	0	0	0	0	0	0	94	94	
	Fernando Santos	1	ARCDVL	93	0	0	0	0	0	0	0	0	0	93	
	Tiago Duarte	1	GMIRO	0	0	0	0	0	0	0	0	0	93	93	
	Diogo Miranda	1	ACT	92	0	0	0	0	0	0	0	0	0	92	
	Jorge Simões	1	GATOES	0	90	0	0	0	0	0	0	0	0	90	
	José Belbuche	1	PENATURE	0	0	0	0	90	0	0	0	0	0	90	
	Manuel Costa	4	CFM	0	27	0	8	22	0	33	0	0	0	90	
	Gustavo Barandas	1	ARC-EAC	0	0	0	0	0	0	0	0	90	0	90	
	Marinho Nunes	4	SMOV	16	0	21	17	35	0	0	0	0	0	89	
	João Bernardino	2	PENATURE	0	0	0	40	48	0	0	0	0	0	88	
	Paulo Lopes	3	SMOV	21	40	26	0	0	0	0	0	0	0	87	
	Vítor Fonseca	3	ADCX	24	0	27	0	36	0	0	0	0	0	87	
	João Freitas	1	ARC-EAC	0	0	0	0	87	0	0	0	0	0	87	
	Ricardo Moreira	1	ADCRP	0	0	0	0	0	0	0	0	87	0	87	
	Eduardo Moreira	1	ARC-EAC	0	0	0	86	0	0	0	0	0	0	86	
	Hélder Isidoro	1	CAOH	0	0	0	0	0	0	0	0	86	0	86	
	Sandro Pimentel	3	AMEAL	0	0	16	0	24	45	0	0	0	0	85	
	Paulo Almeida	1	CFM	0	0	0	0	0	0	0	0	85	0	85	
	Miguel Ferreira	2	ADCRP	0	33	0	0	0	51	0	0	0	0	84	
	João Rolim	1	GMIRO	0	0	0	0	0	0	0	0	84	0	84	
	Orlando Pires	1	ACDRSQ	0	0	0	0	0	0	0	0	0	84	84	
	Paulo Santos	1	GDF-C	0	0	0	0	0	0	83	0	0	0	83	
	Fábio Ferreira	1	TOCER	0	0	0	0	0	0	0	82	0	0	82	
	Carlos Carvalho	1	TOCER	0	0	81	0	0	0	0	0	0	0	81	
	Marco Santos	2	GRV	0	0	17	0	0	0	0	0	0	64	81	
	José Gil	1	GDF-C	0	80	0	0	0	0	0	0	0	0	80	
	Fernando Carvalho	1	ATPTR	0	0	0	0	79	0	0	0	0	0	79	

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	Helder Henriques	1	GMIRO	0	0	0	0	0	79	0	0	0	0	79	
	Luís Fernandes	1	CUMIBROA	78	0	0	0	0	0	0	0	0	0	78	
	Hernani Nogueira	3	ARSM	17	0	29	30	0	0	0	0	0	0	76	
	Luís Cunha	1	CTR	0	0	0	0	0	0	76	0	0	0	76	
	Ricardo Oliveira	1	AMEAL	0	75	0	0	0	0	0	0	0	0	75	
	Filipe Vasconcelos	1	CCRA	0	0	0	0	0	0	0	75	0	0	75	
	João Santos	1	MC	0	0	0	0	0	72	0	0	0	0	72	
	Filipe Rebelo	1	SMOV	0	0	0	0	0	0	0	0	0	72	72	
	João Travasso	1	ARCDVL	0	0	0	0	70	0	0	0	0	0	70	
	Rui Santos	2	GRV	10	0	0	0	0	0	0	0	60	0	70	
	Nicolas Lima	1	PENATURE	0	0	0	0	0	0	0	0	70	0	70	
	Miguel Goyanes	1	TOCER	0	0	69	0	0	0	0	0	0	0	69	
	Joao Pereira	1	GMIRO	0	0	0	0	0	0	0	0	0	69	69	
	Miguel Amaro	2	ACT	35	0	33	0	0	0	0	0	0	0	68	
	Francisco Missa	1	CCRA	0	0	66	0	0	0	0	0	0	0	66	
	Carlos Costa	1	CFM	0	0	0	0	0	0	66	0	0	0	66	
	Sérgio Forte	1	ARSM	0	65	0	0	0	0	0	0	0	0	65	
	Mário Madeira	2	ADCRP	0	34	0	31	0	0	0	0	0	0	65	
	David Mendes	1	PENATURE	64	0	0	0	0	0	0	0	0	0	64	
	Luis Vaz	1	CLUVE	0	0	0	64	0	0	0	0	0	0	64	
	José Simões	1	ARSM	63	0	0	0	0	0	0	0	0	0	63	
	Diogo Alves	1	CCRPM	0	0	63	0	0	0	0	0	0	0	63	
	João Loureiro	1	GRV	0	0	0	63	0	0	0	0	0	0	63	
	Filipe Saltão	1	ARCDVL	0	0	62	0	0	0	0	0	0	0	62	
	Sérgio Vilão	1	ARCDVL	0	0	0	0	62	0	0	0	0	0	62	
	Daniel Ramos	1	AMEAL	0	0	0	0	0	0	0	62	0	0	62	
	Luciano Fonte	1	GMIRO	0	0	0	0	61	0	0	0	0	0	61	
	Jose M. Santos	1	ASSSCC	0	0	0	0	0	0	0	61	0	0	61	
	Rafael Ferreira	2	FKC	1	0	0	0	0	0	0	0	59	0	60	
	Mário Monteiro	1	CLUVE	0	59	0	0	0	0	0	0	0	0	59	
	Miguel Carvalheiro	1	GRV	0	0	58	0	0	0	0	0	0	0	58	
	Pedro Roxo	1	ARCDVL	0	0	0	0	56	0	0	0	0	0	56	
	J. Francisco Valadão	1	IND	0	0	0	0	0	0	0	0	53	0	53	
	Ricardo Silva	1	AMEAL	52	0	0	0	0	0	0	0	0	0	52	
	Wesley Rosa	1	RMR	0	0	0	0	0	0	0	52	0	0	52	
	Amílcar Ramos	1	TOCER	0	0	50	0	0	0	0	0	0	0	50	
	Joselito Pereira	2	GMIRO	1	0	0	0	49	0	0	0	0	0	50	
	Francisco Figueiredo	1	GRV	0	0	0	0	0	0	0	50	0	0	50	
	Tiago Almeida	1	CTR	0	0	48	0	0	0	0	0	0	0	48	
	Hugo Nobre	1	GATOES	0	0	0	48	0	0	0	0	0	0	48	
	Luis Lopes	1	GRV	0	0	0	0	0	47	0	0	0	0	47	
	Pedro Bastos	1	ARSM	46	0	0	0	0	0	0	0	0	0	46	
	Filipe Abreu	2	DOMUS	7	39	0	0	0	0	0	0	0	0	46	
	Bruno Rama	3	ADCRP	0	29	3	13	0	0	0	0	0	0	45	
	Hugo Silva	2	TOCER	0	0	25	20	0	0	0	0	0	0	45	
	Pedro Baptista	1	ACRSM	0	0	0	43	0	0	0	0	0	0	43	
	Samuel Anjos	1	ADCX	0	0	0	0	43	0	0	0	0	0	43	
	Nuno Silva	1	SCP-C	0	0	42	0	0	0	0	0	0	0	42	
	Pedro Nunes	1	ARSM	41	0	0	0	0	0	0	0	0	0	41	

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	Nuno Coelho	1	TOCER	0	41	0	0	0	0	0	0	0	0	41	
	Helder Araujo	1	GRE-AA	0	0	0	0	41	0	0	0	0	0	41	
	Márcio Flórido	2	ARSM	25	0	14	0	0	0	0	0	0	0	39	
	João Nunes	1	CFM	0	38	0	0	0	0	0	0	0	0	38	
	Vítor Ribeiro	1	TOCER	0	0	38	0	0	0	0	0	0	0	38	
	Paulo Calçada	1	MC	37	0	0	0	0	0	0	0	0	0	37	
	Ricardo Coelho	1	PENATURE	0	37	0	0	0	0	0	0	0	0	37	
	Pedro Ponte	1	GDF-C	36	0	0	0	0	0	0	0	0	0	36	
	César Azenha	1	GRV	0	0	36	0	0	0	0	0	0	0	36	
	Hugo Rodrigues	3	GMIRO	1	0	9	0	25	0	0	0	0	0	35	
	Francisco Correia	1	MC	34	0	0	0	0	0	0	0	0	0	34	
	David Barata	1	CFSC	0	0	0	0	34	0	0	0	0	0	34	
	Joel Jacinto	1	TOCER	0	0	0	0	33	0	0	0	0	0	33	
	Jorge Mamede Abrantes	1	IND	0	32	0	0	0	0	0	0	0	0	32	
	Tiago Ferreira	1	PENATURE	30	0	0	0	0	0	0	0	0	0	30	
	Pedro Franco	2	RMR	0	0	8	22	0	0	0	0	0	0	30	
	Roberto Duarte	1	ARCDVL	29	0	0	0	0	0	0	0	0	0	29	
	Filipe Brás	1	ARCDVL	0	0	0	0	29	0	0	0	0	0	29	
	Jorge Vilares	1	GRV	0	26	0	0	0	0	0	0	0	0	26	
	Bruno Costa	1	TOCER	0	0	24	0	0	0	0	0	0	0	24	
	Elton Pinho	1	ACT	22	0	0	0	0	0	0	0	0	0	22	
	José Santos	1	SCP-C	0	0	18	0	0	0	0	0	0	0	18	
	Nuno Castanheira	1	GMIRO	0	0	0	15	0	0	0	0	0	0	15	
	Luis Pereira	3	ARCE	1	0	1	11	0	0	0	0	0	0	13	
	João Carlos Oliveira	1	IND	0	0	0	12	0	0	0	0	0	0	12	
	João Santos	1	DOMUS	0	0	0	7	0	0	0	0	0	0	7	
	Garde Benjamin	1	CUMIBROA	0	0	5	0	0	0	0	0	0	0	5	
	Paulo Acúrsio	1	GDF-C	4	0	0	0	0	0	0	0	0	0	4	

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO SUB20 MASCULINA

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos
	Nicolas Lima	1	PENATURE	0	0	0	0	0	0	0	0	100	0	100
	Tiago Duarte	1	GMIRO	0	0	0	0	0	0	0	0	0	100	100

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO SUB23 MASCULINA

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos
1	João Simões	6	PENATURE	99	0	0	0	100	100	99	100	100	0	598
	Luis M. Varanda	5	ACT	0	98	100	99	99	0	98	0	0	0	494
	Joaquim Sousa	3	GRV	100	0	0	100	0	0	0	0	99	0	299
	David Carvalheiro	2	ARC-EAC	0	100	0	0	0	0	100	0	0	0	200
	Mário Monteiro	1	CLUVE	0	99	0	0	0	0	0	0	0	0	99
	David Mendes	1	PENATURE	98	0	0	0	0	0	0	0	0	0	98

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO SÉNIORES MASCULINA

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos	Corrigida
1	José Galvão	6	ARC-EAC	99	100	100	100	100	0	99	0	0	0	598	598
2	Vitor Duarte	9	AERG	92	94	95	99	98	100	98	100	0	100	876	595
3	João Neves	8	ATPTR	91	92	0	90	95	97	96	99	0	98	758	577
4	Mauro Pires	6	CUMIBROA	0	0	0	97	92	96	94	98	0	97	574	574
5	David Pinho	6	DOMUS	89	93	0	98	94	98	95	0	0	0	567	567
6	João Gandarez	6	AMEAL	90	96	94	96	96	0	93	0	0	0	565	565
7	Joao Paiva	7	ATPTR	88	91	0	0	0	92	92	96	98	96	653	565
8	André Silveiro	6	CUMIBROA	0	0	0	94	91	94	91	95	96	0	561	561
9	Luís Silva	6	GATOES	87	95	93	92	93	0	0	0	97	0	557	557
10	António Calhau	6	PENATURE	85	0	0	93	90	93	90	94	0	0	545	545
	Fábio Antunes	4	ACT	98	0	98	0	99	0	100	0	0	0	395	
	Rafael Silva	4	ACDRSQ	94	97	99	0	0	99	0	0	0	0	389	
	Eduardo Costa	4	ACT	93	98	96	0	0	0	97	0	0	0	384	
	David Soares	3	CCRA	96	99	97	0	0	0	0	0	0	0	292	
	Bruno Rama	3	ADCRP	0	90	91	91	0	0	0	0	0	0	272	
	Sandro Pimentel	3	AMEAL	0	0	92	0	89	91	0	0	0	0	272	
	Diogo Teixeira	1	ARCDVL	100	0	0	0	0	0	0	0	0	0	100	
	Tiago Gonçalves	1	ARC-EAC	0	0	0	0	0	0	0	0	100	0	100	
	João Rolim	1	GMIRO	0	0	0	0	0	0	0	0	99	0	99	
	António Cunha	1	CPTSC	0	0	0	0	0	0	0	0	0	99	99	
	Diogo Miranda	1	ACT	97	0	0	0	0	0	0	0	0	0	97	
	João Freitas	1	ARC-EAC	0	0	0	0	97	0	0	0	0	0	97	
	Fábio Ferreira	1	TOCER	0	0	0	0	0	0	0	97	0	0	97	
	Luis Silva	1	RODADIAN	95	0	0	0	0	0	0	0	0	0	95	
	Hugo Nobre	1	GATOES	0	0	0	95	0	0	0	0	0	0	95	
	João Santos	1	MC	0	0	0	0	0	95	0	0	0	0	95	
	Pedro Ponte	1	GDF-C	86	0	0	0	0	0	0	0	0	0	86	

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO M35

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos	Corrigida
1	Jorge Albuquerque	6	UGAS	0	0	0	99	100	0	100	100	99	99	597	597
2	Valter Lopes	6	ACDRSQ	98	98	100	0	98	0	99	0	0	100	593	593
3	Pedro Farias	6	TOCER	0	99	99	98	99	0	98	99	0	0	592	592
4	João Marques	6	CFM	93	97	98	97	0	0	97	98	0	0	580	580
5	Luis Lourenço	6	ACRSM	95	96	95	96	96	0	94	0	0	0	572	572
6	Filipe Ribeiro	6	ACRSM	84	95	0	93	0	0	92	0	98	98	560	560
7	Alexandre Tarrafa	6	ATPTR	85	93	0	91	94	0	0	97	0	97	557	557
8	Vasco Gamboa	6	GRV	83	92	91	0	93	0	91	95	0	0	545	545
	David Campos	4	ARSM	92	0	0	94	0	99	96	0	0	0	381	
	Luís Gonçalves	4	GRV	94	0	96	95	0	0	95	0	0	0	380	
	Hugo Santos	4	AERG	89	94	92	92	0	0	0	0	0	0	367	
	Vasco Pereira	3	ARC-EAC	0	100	0	100	0	0	0	0	100	0	300	
	Tiago Abreu	3	GRV	96	0	0	0	95	97	0	0	0	0	288	
	José Madeira	2	ARC-EAC	100	0	0	0	0	100	0	0	0	0	200	
	Tiago Pita	2	AMEAL	97	0	0	0	0	0	93	0	0	0	190	
	Tiago Silva	1	GATOES	99	0	0	0	0	0	0	0	0	0	99	
	Helder Henriques	1	GMIRO	0	0	0	0	0	98	0	0	0	0	98	
	Carlos Carvalho	1	TOCER	0	0	97	0	0	0	0	0	0	0	97	
	José Belbuche	1	PENATURE	0	0	0	0	97	0	0	0	0	0	97	
	Jose M. Santos	1	ASSSCC	0	0	0	0	0	0	0	96	0	0	96	
	Francisco Missa	1	CCRA	0	0	94	0	0	0	0	0	0	0	94	
	Wesley Rosa	1	RMR	0	0	0	0	0	0	0	94	0	0	94	
	Diogo Alves	1	CCRA	0	0	93	0	0	0	0	0	0	0	93	
	David Barata	1	CFSC	0	0	0	0	92	0	0	0	0	0	92	
	Ricardo Silva	1	AMEAL	91	0	0	0	0	0	0	0	0	0	91	
	Pedro Bastos	1	ARSM	90	0	0	0	0	0	0	0	0	0	90	
	Garde Benjamin	1	CUMIBROA	0	0	90	0	0	0	0	0	0	0	90	
	Nuno Castanheira	1	GMIRO	0	0	0	90	0	0	0	0	0	0	90	
	Tiago Ferreira	1	PENATURE	88	0	0	0	0	0	0	0	0	0	88	
	Roberto Duarte	1	ARCDVL	87	0	0	0	0	0	0	0	0	0	87	
	Elton Pinho	1	ACT	86	0	0	0	0	0	0	0	0	0	86	

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO M40

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos	Corrigida
1	Fábio Cruz	9	CAOH	95	100	99	98	100	100	100	100	98	0	890	599
2	Luís Narciso	8	OMDC	98	0	100	99	0	99	99	99	100	100	794	597
3	Joel Amado	7	ATPTR	0	0	97	95	97	97	97	0	94	99	676	582
4	Marco Brásio	6	ADCRP	93	95	0	90	92	94	0	0	0	97	561	561
5	Vicent Eugéne	6	CUMIBROA	0	0	91	88	93	95	94	95	0	0	556	556
6	Cláudio Matos	6	ADCRP	91	92	0	0	89	93	93	93	0	0	551	551
7	Jorge Bandeira	6	ADCRP	84	0	93	89	0	0	89	92	0	98	545	545
8	Marco Nobre	7	ADCRP	0	89	78	93	85	91	92	0	93	0	621	543
9	Marcos Afonso	7	CUMIBROA	85	0	85	85	88	90	0	89	0	96	618	533
10	Fábio Barroca	6	GRV	86	0	88	87	87	89	0	94	0	0	531	531
11	Tiago Lopes	8	ACRSM	82	85	0	78	84	0	91	86	91	93	690	530
12	Nuno Queda	6	GATOES	89	90	0	84	0	0	90	85	92	0	530	530
13	André Santos	6	ATPTR	87	91	86	81	83	0	0	90	0	0	518	518
	Bruno Primo	5	PENATURE	92	96	0	91	96	0	0	91	0	0	466	
	Luis Couto	4	ASSSCC	96	0	98	97	98	0	0	0	0	0	389	
	Tiago Martins	4	PENATURE	0	0	94	94	95	96	0	0	0	0	379	
	Miguel Sequeira	4	IND	0	0	81	86	0	88	0	87	0	0	342	
	Diogo Monteiro	3	RODADIAN	0	0	0	96	0	98	98	0	0	0	292	
	Bruno Estêvão	3	DOMUS	94	98	0	0	0	0	0	97	0	0	289	
	Daniel Gandarez	3	DOMUS	0	93	92	92	0	0	0	0	0	0	277	
	Tiago Simões	3	ACDRSQ	0	0	90	0	90	92	0	0	0	0	272	
	André Martins	3	GMIRO	0	86	77	0	0	0	0	0	0	94	257	
	Hernani Nogueira	3	ARSM	88	0	84	82	0	0	0	0	0	0	254	
	Hugo Rodrigues	3	GMIRO	83	0	80	0	81	0	0	0	0	0	244	
	Paulo Neves	2	IND	100	0	0	100	0	0	0	0	0	0	200	
	André Magalhães	2	IND	0	0	0	0	99	0	0	0	99	0	198	
	Filipe Pinhão	2	GRV	97	0	0	0	0	0	0	0	96	0	193	
	Eduardo Loureiro	2	TOCER	0	0	95	0	0	0	0	96	0	0	191	
	Vitor Varandas	2	CFM	0	0	0	0	0	0	96	0	95	0	191	
	Miguel Amaro	2	ACT	90	0	87	0	0	0	0	0	0	0	177	
	Pedro Ganilho	2	ARSM	0	0	0	0	86	87	0	0	0	0	173	
	Mário Madeira	2	ADCRP	0	87	0	83	0	0	0	0	0	0	170	
	Hugo Silva	2	TOCER	0	0	83	79	0	0	0	0	0	0	162	
	Pedro Franco	2	RMR	0	0	79	80	0	0	0	0	0	0	159	
	Fernando Santos	1	ARCDVL	99	0	0	0	0	0	0	0	0	0	99	
	Jorge Simões	1	GATOES	0	99	0	0	0	0	0	0	0	0	99	
	Igor Neves	1	ACDRSQ	0	0	0	0	0	0	0	98	0	0	98	
	Ricardo Oliveira	1	AMEAL	0	97	0	0	0	0	0	0	0	0	97	
	Gustavo Barandas	1	ARC-EAC	0	0	0	0	0	0	0	0	97	0	97	
	Filipe Saltão	1	ARCDVL	0	0	96	0	0	0	0	0	0	0	96	
	Filipe Rebelo	1	SMOV	0	0	0	0	0	0	0	0	0	96	96	
	Carlos Costa	1	CFM	0	0	0	0	0	0	95	0	0	0	95	
	Sérgio Forte	1	ARSM	0	94	0	0	0	0	0	0	0	0	94	
	João Travasso	1	ARCDVL	0	0	0	0	94	0	0	0	0	0	94	
	Sérgio Vilão	1	ARCDVL	0	0	0	0	91	0	0	0	0	0	91	
	Vítor Ribeiro	1	TOCER	0	0	89	0	0	0	0	0	0	0	89	
	João Nunes	1	CFM	0	88	0	0	0	0	0	0	0	0	88	
	Daniel Ramos	1	AMEAL	0	0	0	0	0	0	0	88	0	0	88	
	Bruno Costa	1	TOCER	0	0	82	0	0	0	0	0	0	0	82	

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO M40

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos	Corrigida
	Filipe Brás	1	ARCDVL	0	0	0	0	82	0	0	0	0	0	82	
	João Santos	1	DOMUS	0	0	0	77	0	0	0	0	0	0	77	
	Nuno Manco	1	RMR	0	0	76	0	0	0	0	0	0	0	76	

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO M45

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos	Corrigida
1	Alex Silva	7	ACT	100	100	99	100	0	100	100	0	0	100	699	600
2	João Silva	6	ACDRSQ	99	98	98	0	0	0	99	0	100	99	593	593
3	Didier de Jesus	6	ARC-EAC	95	0	0	0	0	98	97	100	99	98	587	587
4	Nelson Meco	8	AMEAL	0	97	95	97	99	97	98	0	98	97	778	586
5	José Santos	6	ASSSCC	94	0	94	96	0	96	96	99	0	0	575	575
6	Aurélio Saúde	7	ACDRSQ	91	96	92	0	0	92	95	98	94	0	658	567
7	Rui Mateus	7	PENATURE	92	0	90	95	98	95	94	0	93	0	657	567
8	Sérgio Santos	8	CSCRB	0	90	83	91	96	89	93	97	95	0	734	562
9	José Fonseca	8	PENATURE	89	93	88	93	97	93	92	0	92	0	737	560
10	Marco Santos	7	ASSSCC	87	0	84	0	94	91	91	0	91	95	633	549
11	Pedro Figueiredo	6	TOCER	86	92	0	88	92	0	90	96	0	0	544	544
	Miguel Pires	3	ARC-EAC	0	0	96	0	100	99	0	0	0	0	295	
	Filipe Carvalheiro	3	GDF-C	90	95	0	94	0	0	0	0	0	0	279	
	Paulo Moreira	3	CFM	0	94	87	92	0	0	0	0	0	0	273	
	Paulo Palhinha	2	ARC-EAC	0	99	100	0	0	0	0	0	0	0	199	
	César Figueiredo	2	ACT	98	0	97	0	0	0	0	0	0	0	195	
	Daniel Batata	2	ACT	97	0	0	0	0	0	0	0	0	96	193	
	André Fonte	2	ARC-EAC	0	0	0	0	95	94	0	0	0	0	189	
	Márcio Rodrigues	2	ACDRSQ	93	0	93	0	0	0	0	0	0	0	186	
	José Silva	2	GRV	0	91	0	90	0	0	0	0	0	0	181	
	Joselito Pereira	2	GMIRO	84	0	0	0	93	0	0	0	0	0	177	
	Miguel Ferreira	2	ADCRP	0	86	0	0	0	90	0	0	0	0	176	
	Marco Santos	2	GRV	0	0	81	0	0	0	0	0	0	93	174	
	Filipe Abreu	2	DOMUS	85	88	0	0	0	0	0	0	0	0	173	
	Márcio Flórido	2	ARSM	88	0	80	0	0	0	0	0	0	0	168	
	Nelson Costa	1	ARC-EAC	0	0	0	99	0	0	0	0	0	0	99	
	Eduardo Moreira	1	ARC-EAC	0	0	0	98	0	0	0	0	0	0	98	
	Ricardo Moreira	1	ADCRP	0	0	0	0	0	0	0	0	97	0	97	
	Luís Fernandes	1	CUMIBROA	96	0	0	0	0	0	0	0	0	0	96	
	Hélder Isidoro	1	CAOH	0	0	0	0	0	0	0	0	96	0	96	
	Joao Pereira	1	GMIRO	0	0	0	0	0	0	0	0	0	94	94	
	Miguel Goyanes	1	TOCER	0	0	91	0	0	0	0	0	0	0	91	
	Nuno Coelho	1	TOCER	0	89	0	0	0	0	0	0	0	0	89	
	Miguel Carvalheiro	1	GRV	0	0	89	0	0	0	0	0	0	0	89	
	Pedro Baptista	1	ACRSM	0	0	0	89	0	0	0	0	0	0	89	
	Ricardo Coelho	1	PENATURE	0	87	0	0	0	0	0	0	0	0	87	
	Amílcar Ramos	1	TOCER	0	0	86	0	0	0	0	0	0	0	86	
	Jorge Vilares	1	GRV	0	85	0	0	0	0	0	0	0	0	85	
	Tiago Almeida	1	TOCER	0	0	85	0	0	0	0	0	0	0	85	
	César Azenha	1	GRV	0	0	82	0	0	0	0	0	0	0	82	
	Nuno Bandarra	1	IND	0	0	79	0	0	0	0	0	0	0	79	

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
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CLASSIFICAÇÃO M50

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos	Corrigida
1	Paulo Marreiros	10	CTR	99	98	98	99	100	100	100	100	99	100	993	599
2	António Santos	6	ACDRSQ	100	100	100	0	0	99	0	99	0	99	597	597
3	João Simões	6	ACDRSQ	97	99	99	0	99	97	99	0	0	0	590	590
4	Miguel Vasco	8	GRV	95	97	95	92	96	98	97	0	96	0	766	579
5	Carlos Santos	7	GRV	93	96	90	89	95	0	96	0	95	0	654	565
6	Rafael Rodrigues	7	AMEAL	85	95	0	90	0	96	94	97	93	0	650	565
7	Nuno Almeida	6	ASSSCC	92	0	93	91	93	0	0	0	94	98	561	561
8	Vitor Santos	8	GRV	86	94	86	86	90	0	95	0	91	97	725	553
9	Carlos Campos	6	AMEAL	87	0	84	87	91	0	93	96	0	0	538	538
10	Jorge Mendes	6	CUMIBROA	84	0	87	85	87	0	0	95	0	95	533	533
	Rui Varanda	5	ACT	98	0	96	98	97	0	0	0	97	0	486	
	José M. Santos	5	SMOV	0	0	0	84	86	94	92	94	0	0	450	
	Joselito Marques	4	ASSSCC	83	0	83	88	0	0	0	0	0	96	350	
	João Carvalho	3	IND	96	0	97	97	0	0	0	0	0	0	290	
	Paulo Lopes	3	SMOV	88	93	88	0	0	0	0	0	0	0	269	
	Vítor Fonseca	3	ADCX	89	0	89	0	89	0	0	0	0	0	267	
	Carlos Pereira	2	PENATURE	0	0	0	100	0	0	0	0	100	0	200	
	Carlos Palaio	2	TOCER	0	0	94	94	0	0	0	0	0	0	188	
	Nelson Azenha	2	TOCER	0	0	92	93	0	0	0	0	0	0	185	
	Rafael Ferreira	2	FKC	82	0	0	0	0	0	0	0	92	0	174	
	Fernando Carvalho	1	ATPTR	0	0	0	0	98	0	0	0	0	0	98	
	Luís Cunha	1	CTR	0	0	0	0	0	0	98	0	0	0	98	
	Filipe Vasconcelos	1	CCRA	0	0	0	0	0	0	0	98	0	0	98	
	Paulo Almeida	1	CFM	0	0	0	0	0	0	0	0	98	0	98	
	Luis Vaz	1	CLUVE	0	0	0	96	0	0	0	0	0	0	96	
	João Loureiro	1	GRV	0	0	0	95	0	0	0	0	0	0	95	
	Luis Lopes	1	GRV	0	0	0	0	0	95	0	0	0	0	95	
	Pedro Nunes	1	ARSM	94	0	0	0	0	0	0	0	0	0	94	
	Luciano Fonte	1	GMIRO	0	0	0	0	94	0	0	0	0	0	94	
	Francisco Figueiredo	1	GRV	0	0	0	0	0	0	0	93	0	0	93	
	Samuel Anjos	1	ADCX	0	0	0	0	92	0	0	0	0	0	92	
	Paulo Calçada	1	MC	91	0	0	0	0	0	0	0	0	0	91	
	Nuno Silva	1	SCP-C	0	0	91	0	0	0	0	0	0	0	91	
	Francisco Correia	1	MC	90	0	0	0	0	0	0	0	0	0	90	
	Joel Jacinto	1	TOCER	0	0	0	0	88	0	0	0	0	0	88	
	José Santos	1	SCP-C	0	0	85	0	0	0	0	0	0	0	85	
	Pedro Lopes	1	GRV	81	0	0	0	0	0	0	0	0	0	81	

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO M55

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos	Corrigida
1	Álvaro Mano	6	CFM	0	100	100	100	100	100	99	0	0	0	599	599
2	Adérito Neves	6	AMEAL	99	0	97	99	0	99	98	99	0	0	591	591
3	João Cruz	6	GRV	96	0	0	97	0	98	96	0	100	98	585	585
4	Herminio Almeida	6	GRV	95	96	95	95	0	0	0	0	97	97	575	575
5	Paulo Martins	6	ARSM	93	0	0	94	95	96	95	97	0	0	570	570
	José Jesus	4	FB-TR	0	99	98	0	99	0	0	100	0	0	396	
	António Jorge	4	ACDRSQ	0	98	99	0	0	0	97	98	0	0	392	
	Marinho Nunes	4	SMOV	98	0	96	96	96	0	0	0	0	0	386	
	António Santos	3	PENATURE	0	0	0	0	0	97	0	0	99	99	295	
	João Bernardino	2	PENATURE	0	0	0	98	97	0	0	0	0	0	195	
	Rui Santos	2	GRV	97	0	0	0	0	0	0	0	98	0	195	
	José Simões	1	ARSM	100	0	0	0	0	0	0	0	0	0	100	
	Paulo Santos	1	GDF-C	0	0	0	0	0	0	100	0	0	0	100	
	Orlando Pires	1	ACDRSQ	0	0	0	0	0	0	0	0	0	100	100	
	Pedro Roxo	1	ARCDVL	0	0	0	0	98	0	0	0	0	0	98	
	Jorge Abrantes	1	IND	0	97	0	0	0	0	0	0	0	0	97	
	J. Francisco Valadão	1	IND	0	0	0	0	0	0	0	0	96	0	96	
	Paulo Acúrsio	1	GDF-C	94	0	0	0	0	0	0	0	0	0	94	
	Nélson Monteiro	1	CUMIBROA	0	0	94	0	0	0	0	0	0	0	94	
	João Carlos Oliveira	1	IND	0	0	0	93	0	0	0	0	0	0	93	

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO M60

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos	Corrigida
1	José Zananar	6	ACT	100	99	100	100	100	0	0	0	100	0	599	599
2	Luís Dias	7	IND	97	0	98	98	99	100	99	100	0	0	691	594
3	José Correia	6	ARSM	99	97	97	97	0	99	100	0	0	0	589	589
	Mário Neves	4	GRV	98	98	99	99	0	0	0	0	0	0	394	
	José Gil	1	GDF-C	0	100	0	0	0	0	0	0	0	0	100	
	Renato Barros	1	MC	96	0	0	0	0	0	0	0	0	0	96	

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO M65

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos	Corrigida
1	João Matos	6	GMIRO	100	0	0	100	0	0	100	100	100	100	600	600
2	Fernando Alhau	8	CTR	99	100	100	99	100	100	99	0	0	99	796	598
3	David Mestre	6	DOMUS	0	99	99	98	99	0	98	99	0	0	592	592
	Pedro Coutinho	3	GMIRO	98	0	0	0	0	99	0	0	0	98	295	
	Luis Pereira	3	ARCE	97	0	98	97	0	0	0	0	0	0	292	
	Helder Araujo	1	GRE-AA	0	0	0	0	98	0	0	0	0	0	98	

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO M70

Class.	Nome		Clube	P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos	Corrigida
	Manuel Costa	4	CFM	0	100	0	100	100	0	100	0	0	0	400	

ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2025/2026
CLASSIFICAÇÃO COLETIVA MASCULINA

Class.	Nome	Sigla Clube	ID Clube		P. FERIDA	T. SARILHO	T. S. TOMÉ	QUINHENDROS T.	AMEAL T.	GÓIS T.	BARRACAS P.	CT P. TOCHA	BENFEITA T.	T. V. CEIRA	Pontos	Corrigida
1	ASSOCIAÇÃO RECREATIVA CASAENSE-ESCOLA DE ATLETISMO DE COIMBRA	ARC-EAC	53	8	14	15	15	15	15	15	14	0	15	0	118	90
2	ASSOCIAÇÃO CULTURAL, DESPORTIVA, RECREATIVA E SOCIAL DE QUINHENDROS	ACDRSQ	641	8	13	14	14	0	11	13	13	15	0	15	108	84
3	ATLETISMO CLUBE DA TOCHA	ACT	288	6	15	13	13	14	13	0	15	0	0	0	83	83
4	PENATURE - ASSOCIAÇÃO DE DESPORTO DE NATUREZA DE PENACOVA	PENATURE	1082	8	10	5	6	13	14	14	9	0	14	0	85	74
5	ASSOCIAÇÃO TEAM PEREIRA TRAIL RUNNERS	ATPTR	5037	8	5	8	0	3	12	11	8	12	0	14	73	65
6	GRUPO RECREATIVO VILAVERDENSE	GRV	681	10	12	7	7	12	8	8	7	9	13	10	93	64
7	ASSOCIAÇÃO RECREATIVA E DESPORTIVA DE AMEAL	AMEAL	1144	8	8	2	8	9	10	9	11	10	0	0	67	57
8	CENTRO CULTURAL CUMEEIRA	CUMIBROA	1054	8	1	0	4	4	7	10	5	13	0	12	56	51
9	ASSOCIAÇÃO DESPORTIVA, CULTURAL E RECREATIVA DE PEREIRA	ADCRP	687	7	3	4	3	7	5	12	3	0	0	0	37	34
	ASSOCIAÇÃO DE SOLIDARIEDADE SOCIAL SOCIEDADE COLUMBÓFILA CANTANHEDENSE	ASSSCC	495	5	9	0	9	11	9	0	0	0	0	11	49	
	TALENTOS OBJETIVOS CLUBE DE ENDURO E RECREIO	TOCER	860	5	0	9	12	8	4	0	0	14	0	0	47	
	CLUBE DE FUTEBOL "OS MARIALVAS"	CFM	990	4	0	11	10	10	0	0	12	0	0	0	43	
	ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	ARSM	52	5	6	0	2	2	0	7	4	0	0	0	21	
	CLUBE DOMUS NOSTRA	DOMUS	1181	3	4	10	0	5	0	0	0	0	0	0	19	
	ASSOCIAÇÃO CULTURAL E RECREATIVA DO SEIXO DE MIRA	ACRSM	1145	4	1	6	0	6	0	0	6	0	0	0	19	
	ASSOCIAÇÃO RECREATIVA CULTURAL E DESPORTIVA DA VENDA DA LUÍSA	ARCDVL	482	2	11	0	0	0	6	0	0	0	0	0	17	
	GRUPO DE SOLIDARIEDADE SOCIAL, DESPORTIVO, CULTURAL E RECREATIVO DE MIRO	GMIRO	707	3	1	0	0	0	3	0	0	0	0	13	17	
	COIMBRA TRAIL RUNNING	CTR	404	2	0	0	5	0	0	0	10	0	0	0	15	
	CENTRO CULTURAL E RECREATIVO DE ALCABIDEQUE	CCRA	608	1	0	0	11	0	0	0	0	0	0	0	11	
	VOAR BAIXINHO - ASSOCIAÇÃO DE DESENVOLVIMENTO DESPORTIVO E CULTURAL DE GATÕES	GATOES	532	2	7	0	0	1	0	0	0	0	0	0	8	
	GRUPO DESPORTIVO FERREIRENSE	GDF-C	685	1	2	0	0	0	0	0	0	0	0	0	2	
	MONTANHA CLUBE	MC	515	1	1	0	0	0	0	0	0	0	0	0	1	