



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRIAL DE TRAIL RUNNING DE COIMBRA - CURTO
ÉPOCA 2024/2025
CLASSIFICAÇÃO GERAL MASCULINA

| Class. | Nome | Clube | | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|------------------|----------|---|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | Paulo Neves | ACT | 5 | 100 | 0 | 0 | 100 | 100 | 99 | 100 | 0 | 499 | 499 |
| 2 | David Santos | ACT | 5 | 99 | 99 | 99 | 0 | 99 | 100 | 0 | 0 | 496 | 496 |
| 3 | Alex Silva | ACT | 5 | 97 | 98 | 98 | 99 | 0 | 98 | 0 | 0 | 490 | 490 |
| 4 | Fábio Antunes | PENATURE | 7 | 96 | 90 | 96 | 97 | 98 | 97 | 97 | 0 | 671 | 485 |
| 5 | Didier Jesus | CFM | 7 | 95 | 95 | 95 | 98 | 97 | 94 | 92 | 0 | 666 | 480 |
| 6 | Jorge Simões | GATOES | 5 | 0 | 94 | 94 | 0 | 95 | 96 | 0 | 99 | 478 | 478 |
| 7 | André Magalhães | ACT | 5 | 92 | 0 | 87 | 0 | 91 | 0 | 94 | 97 | 461 | 461 |
| 8 | Paulo Santos | GDF-C | 5 | 93 | 92 | 0 | 94 | 86 | 0 | 89 | 0 | 454 | 454 |
| 9 | Diogo Monteiro | RODADIAN | 7 | 71 | 82 | 84 | 85 | 0 | 95 | 93 | 96 | 606 | 453 |
| 10 | César Figueiredo | ACT | 5 | 79 | 0 | 89 | 0 | 93 | 92 | 95 | 0 | 448 | 448 |
| 11 | João Simões | ACDRSQ | 6 | 77 | 91 | 85 | 95 | 88 | 88 | 0 | 0 | 524 | 447 |
| 12 | Aurélio Saúde | ACDRSQ | 7 | 88 | 87 | 91 | 0 | 89 | 85 | 87 | 89 | 616 | 444 |
| 13 | Diogo Oliveira | GDF-C | 5 | 84 | 88 | 0 | 92 | 0 | 87 | 90 | 0 | 441 | 441 |
| 14 | Nelson Meco | AMEAL | 6 | 0 | 77 | 67 | 0 | 84 | 90 | 91 | 94 | 503 | 436 |
| 15 | Paulo Pereira | CFM | 5 | 82 | 84 | 83 | 93 | 0 | 83 | 0 | 0 | 425 | 425 |
| 16 | João Marques | CFM | 7 | 68 | 83 | 82 | 90 | 70 | 86 | 80 | 0 | 559 | 421 |
| 17 | Paulo Nunes | CAOH | 5 | 86 | 81 | 72 | 0 | 0 | 0 | 86 | 93 | 418 | 418 |
| 18 | Orlando Pires | ACDRSQ | 5 | 74 | 80 | 0 | 89 | 78 | 84 | 0 | 0 | 405 | 405 |
| 19 | Cláudio Matos | ABCT | 8 | 61 | 54 | 80 | 81 | 75 | 77 | 78 | 82 | 588 | 398 |
| 20 | Joaquim Sousa | GRV | 5 | 75 | 78 | 62 | 0 | 0 | 82 | 96 | 0 | 393 | 393 |
| 21 | Ricardo Silva | AMEAL | 5 | 66 | 70 | 77 | 88 | 0 | 0 | 84 | 0 | 385 | 385 |
| 22 | Luís Gonçalves | GRV | 5 | 0 | 0 | 61 | 84 | 63 | 0 | 85 | 91 | 384 | 384 |
| 23 | Hugo Santos | AERG | 7 | 48 | 47 | 0 | 87 | 77 | 57 | 76 | 85 | 477 | 382 |
| 24 | João Gandarez | AMEAL | 6 | 62 | 72 | 59 | 0 | 87 | 68 | 0 | 90 | 438 | 379 |
| 25 | José Zanarar | ACT | 5 | 67 | 68 | 0 | 75 | 79 | 81 | 0 | 0 | 370 | 370 |
| 26 | Rui Varanda | ACT | 6 | 59 | 67 | 69 | 0 | 69 | 78 | 81 | 0 | 423 | 364 |
| 27 | Diogo Alves | CCRA | 5 | 0 | 0 | 65 | 80 | 64 | 76 | 0 | 79 | 364 | 364 |
| 28 | João Paiva | SMOV | 5 | 0 | 62 | 56 | 86 | 74 | 75 | 0 | 0 | 353 | 353 |
| 29 | David Pinho | DOMUS | 5 | 63 | 0 | 74 | 0 | 72 | 0 | 83 | 60 | 352 | 352 |
| 30 | Marco Brásio | ABCT | 7 | 54 | 48 | 64 | 0 | 52 | 69 | 67 | 86 | 440 | 340 |
| 31 | Renato Parreira | SCP-C | 6 | 39 | 44 | 54 | 0 | 73 | 80 | 71 | 0 | 361 | 322 |
| 32 | Tiago Abreu | GRV | 5 | 0 | 43 | 47 | 0 | 71 | 74 | 79 | 0 | 314 | 314 |
| 33 | António Ferreira | ACDRSQ | 5 | 37 | 55 | 66 | 78 | 0 | 70 | 0 | 0 | 306 | 306 |
| 34 | Mauro Pires | CUMIBROA | 5 | 23 | 0 | 0 | 0 | 51 | 72 | 73 | 76 | 295 | 295 |
| 35 | Pedro Ponte | GDF-C | 5 | 30 | 51 | 0 | 0 | 58 | 0 | 75 | 78 | 292 | 292 |
| 36 | André Silveiro | CUMIBROA | 8 | 1 | 27 | 27 | 63 | 32 | 58 | 62 | 75 | 345 | 290 |
| 37 | Victor Silva | PENATURE | 6 | 42 | 59 | 0 | 0 | 5 | 60 | 48 | 71 | 285 | 280 |
| 38 | Jacirio Carvalho | GDF-C | 5 | 25 | 49 | 0 | 77 | 57 | 66 | 0 | 0 | 274 | 274 |
| 39 | Nuno Gois | GRV | 5 | 52 | 64 | 0 | 0 | 42 | 64 | 51 | 0 | 273 | 273 |
| 40 | José Godinho | CUMIBROA | 7 | 36 | 40 | 45 | 0 | 50 | 45 | 57 | 72 | 345 | 269 |
| 41 | Marcos Afonso | CUMIBROA | 6 | 27 | 38 | 0 | 67 | 36 | 63 | 0 | 65 | 296 | 269 |
| 42 | Mário Neves | GRV | 6 | 33 | 46 | 53 | 70 | 37 | 62 | 0 | 0 | 301 | 268 |
| 43 | João Matos | GMIRO | 5 | 1 | 0 | 0 | 0 | 60 | 61 | 69 | 77 | 268 | 268 |



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|--------|-------------------|----------|---|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 44 | Luis Dias | IND | 7 | 0 | 22 | 40 | 45 | 2 | 41 | 59 | 68 | 277 | 253 |
| 45 | Tiago Pita | AMEAL | 5 | 45 | 45 | 0 | 32 | 47 | 0 | 0 | 84 | 253 | 253 |
| 46 | Nuno Silva | SCP-C | 5 | 38 | 50 | 55 | 0 | 49 | 0 | 58 | 0 | 250 | 250 |
| 47 | Vitor Soto | CFM | 6 | 57 | 25 | 37 | 57 | 0 | 49 | 49 | 0 | 274 | 249 |
| 48 | Arsénio Fernandes | ARSM | 6 | 22 | 42 | 51 | 59 | 28 | 0 | 0 | 63 | 265 | 243 |
| 49 | Paulo Lopes | SMOV | 8 | 1 | 13 | 29 | 56 | 25 | 43 | 45 | 66 | 278 | 239 |
| 50 | David Campos | ARSM | 5 | 28 | 30 | 46 | 0 | 62 | 73 | 0 | 0 | 239 | 239 |
| 51 | Vitor Fonseca | ADCX | 6 | 11 | 28 | 34 | 0 | 30 | 0 | 72 | 73 | 248 | 237 |
| 52 | José Correia | ARSM | 6 | 24 | 19 | 26 | 71 | 0 | 56 | 56 | 0 | 252 | 233 |
| 53 | Pedro Figueiredo | TOCER | 6 | 8 | 32 | 50 | 64 | 33 | 54 | 0 | 0 | 241 | 233 |
| 54 | Hugo Nobre | GATOES | 6 | 16 | 31 | 42 | 0 | 38 | 52 | 64 | 0 | 243 | 227 |
| 55 | Rafael Rodrigues | AMEAL | 8 | 7 | 7 | 15 | 33 | 1 | 47 | 61 | 69 | 240 | 225 |
| 56 | Luís Vasco | GRV | 5 | 1 | 35 | 0 | 74 | 46 | 0 | 66 | 0 | 222 | 222 |
| 57 | Miguel Amaro | ACT | 5 | 1 | 0 | 44 | 65 | 34 | 0 | 68 | 0 | 212 | 212 |
| 58 | Carlos Reis | AMEAL | 5 | 50 | 61 | 70 | 0 | 1 | 29 | 0 | 0 | 211 | 211 |
| 59 | Luís Silva | GATOES | 6 | 1 | 5 | 28 | 0 | 48 | 51 | 70 | 0 | 203 | 202 |
| 60 | Bruno B Ferreira | ACDRSQ | 5 | 0 | 3 | 41 | 66 | 40 | 0 | 40 | 0 | 190 | 190 |
| 61 | Rafael Ferreira | FKC | 6 | 3 | 15 | 39 | 52 | 26 | 50 | 0 | 0 | 185 | 182 |
| 62 | José Coutinho | GMIRO | 6 | 1 | 0 | 0 | 44 | 1 | 32 | 37 | 61 | 176 | 175 |
| 63 | Marco Mesquita | DOMUS | 5 | 1 | 12 | 0 | 53 | 0 | 48 | 0 | 55 | 169 | 169 |
| 64 | Miguel Ribeiro | SCP-C | 5 | 20 | 26 | 33 | 0 | 35 | 0 | 54 | 0 | 168 | 168 |
| 65 | André Martins | GMIRO | 5 | 1 | 0 | 11 | 49 | 0 | 0 | 41 | 62 | 164 | 164 |
| 66 | Rui Custódio | FKC | 6 | 1 | 1 | 12 | 72 | 8 | 42 | 0 | 0 | 136 | 135 |
| 67 | Nuno Manco | DOMUS | 5 | 1 | 17 | 31 | 40 | 0 | 46 | 0 | 0 | 135 | 135 |
| 68 | Manuel Costa | CFM | 5 | 0 | 1 | 10 | 36 | 0 | 31 | 0 | 54 | 132 | 132 |
| 69 | António Calhau | PENATURE | 6 | 1 | 1 | 17 | 38 | 0 | 37 | 36 | 0 | 130 | 129 |
| 70 | Jose Santos | ASSSCC | 6 | 2 | 1 | 14 | 48 | 15 | 0 | 43 | 0 | 123 | 122 |
| 71 | Nuno Queda | GATOES | 6 | 1 | 1 | 21 | 0 | 1 | 44 | 55 | 0 | 123 | 122 |
| 72 | Joaquim Mendes | MC | 5 | 1 | 0 | 0 | 42 | 1 | 35 | 39 | 0 | 118 | 118 |
| 73 | Paulo Martins | ARSM | 5 | 0 | 4 | 0 | 37 | 1 | 36 | 38 | 0 | 116 | 116 |
| 74 | Vitor Santos | GRV | 5 | 1 | 6 | 23 | 61 | 21 | 0 | 0 | 0 | 112 | 112 |
| 75 | Paulo Acúrsio | GDF-C | 5 | 1 | 11 | 0 | 50 | 6 | 40 | 0 | 0 | 108 | 108 |
| 76 | Jorge Mendes | CUMIBROA | 5 | 12 | 21 | 13 | 54 | 7 | 0 | 0 | 0 | 107 | 107 |
| 77 | Herminio Almeida | GRV | 5 | 1 | 18 | 18 | 47 | 3 | 0 | 0 | 0 | 87 | 87 |
| 78 | Carlos Campos | AMEAL | 5 | 15 | 1 | 22 | 34 | 14 | 0 | 0 | 0 | 86 | 86 |
| 79 | Fausto Reis | GMIRO | 5 | 1 | 1 | 20 | 0 | 1 | 39 | 0 | 0 | 62 | 62 |
| 80 | Pedro Lopes | GRV | 5 | 1 | 1 | 8 | 46 | 1 | 0 | 0 | 0 | 57 | 57 |
| 81 | Ruben Peixoto | AMEAL | 5 | 1 | 1 | 9 | 35 | 1 | 0 | 0 | 0 | 47 | 47 |
| | Francisco Silva | SCP-C | 4 | 81 | 0 | 90 | 0 | 92 | 93 | 0 | 0 | 356 | |
| | Valter Lopes | ACDRSQ | 3 | 0 | 0 | 97 | 96 | 96 | 0 | 0 | 0 | 289 | |
| | Eduardo Costa | ACT | 3 | 87 | 89 | 92 | 0 | 0 | 0 | 0 | 0 | 268 | |
| | Márcio Rodrigues | ACDRSQ | 3 | 0 | 0 | 86 | 91 | 81 | 0 | 0 | 0 | 258 | |



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|--------|-------------------|----------|---|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| | Francisco Missa | CCRA | 4 | 46 | 0 | 71 | 0 | 76 | 0 | 32 | 0 | 225 | |
| | Rodrigo Quintal | SCP-C | 3 | 65 | 74 | 79 | 0 | 0 | 0 | 0 | 0 | 218 | |
| | Duarte Domingues | ACT | 3 | 0 | 0 | 57 | 83 | 0 | 0 | 77 | 0 | 217 | |
| | Hugo Tomé | CFM | 3 | 55 | 69 | 0 | 0 | 0 | 79 | 0 | 0 | 203 | |
| | Pedro Simões | ARSM | 3 | 58 | 76 | 68 | 0 | 0 | 0 | 0 | 0 | 202 | |
| | Vasco Pereira | ARC-EAC | 2 | 0 | 100 | 100 | 0 | 0 | 0 | 0 | 0 | 200 | |
| | Pedro Raposo | ACT | 2 | 0 | 96 | 93 | 0 | 0 | 0 | 0 | 0 | 189 | |
| | José Gil | GDF-C | 3 | 34 | 60 | 0 | 0 | 0 | 0 | 88 | 0 | 182 | |
| | Ricardo Moreira | ABCT | 2 | 0 | 0 | 81 | 0 | 0 | 0 | 0 | 95 | 176 | |
| | António Jorge | ACDRSQ | 3 | 31 | 0 | 73 | 0 | 0 | 0 | 65 | 0 | 169 | |
| | João Bernardino | PENATURE | 4 | 35 | 34 | 0 | 0 | 27 | 0 | 0 | 70 | 166 | |
| | João Simões | PENATURE | 2 | 70 | 85 | 0 | 0 | 0 | 0 | 0 | 0 | 155 | |
| | Cristiano Godinho | SMOV | 2 | 0 | 0 | 0 | 0 | 67 | 0 | 0 | 87 | 154 | |
| | Eduardo Ferreira | ACT | 2 | 0 | 73 | 76 | 0 | 0 | 0 | 0 | 0 | 149 | |
| | Tiago Figueiredo | ACDRSQ | 2 | 0 | 0 | 0 | 82 | 66 | 0 | 0 | 0 | 148 | |
| | Luís Andrade | GDF-C | 3 | 0 | 0 | 0 | 60 | 29 | 55 | 0 | 0 | 144 | |
| | João Nunes | CFM | 3 | 13 | 0 | 0 | 76 | 0 | 53 | 0 | 0 | 142 | |
| | Eduardo Loureiro | TOCER | 2 | 0 | 0 | 0 | 69 | 0 | 71 | 0 | 0 | 140 | |
| | Bruno Rodrigues | ACDRSQ | 2 | 64 | 75 | 0 | 0 | 0 | 0 | 0 | 0 | 139 | |
| | Ricardo Coelho | PENATURE | 3 | 0 | 0 | 36 | 0 | 0 | 0 | 44 | 59 | 139 | |
| | Álvaro Mano | CFM | 2 | 0 | 63 | 75 | 0 | 0 | 0 | 0 | 0 | 138 | |
| | Pedro Ferreira | ARCDVL | 3 | 29 | 0 | 0 | 0 | 44 | 0 | 60 | 0 | 133 | |
| | José Marques | ARCDVL | 2 | 69 | 0 | 60 | 0 | 0 | 0 | 0 | 0 | 129 | |
| | João Bairrão | GRV | 4 | 5 | 0 | 35 | 62 | 22 | 0 | 0 | 0 | 124 | |
| | Luís Rocha | ACRSM | 2 | 0 | 57 | 0 | 0 | 65 | 0 | 0 | 0 | 122 | |
| | Jorge Abrantes | IND | 2 | 0 | 52 | 0 | 0 | 0 | 67 | 0 | 0 | 119 | |
| | João Rodrigues | CUMIBROA | 2 | 60 | 0 | 58 | 0 | 0 | 0 | 0 | 0 | 118 | |
| | Carlos Coelho | GMIRO | 4 | 0 | 0 | 6 | 43 | 0 | 33 | 34 | 0 | 116 | |
| | Jorge Bandeira | ACDRSQ | 2 | 0 | 58 | 0 | 0 | 56 | 0 | 0 | 0 | 114 | |
| | Sandro Pimentel | AMEAL | 3 | 0 | 24 | 24 | 58 | 0 | 0 | 0 | 0 | 106 | |
| | David Madeira | TOCER | 2 | 47 | 0 | 0 | 0 | 0 | 59 | 0 | 0 | 106 | |
| | Bruno Calisto | TOCER | 2 | 0 | 37 | 63 | 0 | 0 | 0 | 0 | 0 | 100 | |
| | David Soares | CCRA | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 100 | 100 | |
| | Tiago Silva | GATOES | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 99 | 0 | 99 | |
| | Tiago Duarte | ACT | 1 | 98 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 98 | |
| | Bruno Rama | ABCT | 3 | 0 | 2 | 0 | 55 | 41 | 0 | 0 | 0 | 98 | |
| | Diogo Teixeira | ARCDVL | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 98 | 0 | 98 | |
| | Tiago Lopes | ACRSM | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 42 | 56 | 98 | |
| | Samuel Custodio | ARCDVL | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 98 | 98 | |
| | David Carvalheiro | ARC-EAC | 1 | 0 | 97 | 0 | 0 | 0 | 0 | 0 | 0 | 97 | |
| | Fernando Santos | CCRA | 1 | 94 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 94 | |
| | Vítor Gomes | BVP | 1 | 0 | 0 | 0 | 0 | 94 | 0 | 0 | 0 | 94 | |



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|--------|--------------------|----------|---|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| | João Alves | AAC | 1 | 0 | 93 | 0 | 0 | 0 | 0 | 0 | 0 | 93 | |
| | Vitor Duarte | AERG | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 92 | 92 | |
| | João Dias | MC | 1 | 91 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 91 | |
| | Fernando Bastos | MC | 1 | 0 | 0 | 0 | 0 | 0 | 91 | 0 | 0 | 91 | |
| | Fernando Carvalho | ADCRP | 1 | 90 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 90 | |
| | Pedro Veríssimo | GRV | 1 | 0 | 0 | 0 | 0 | 90 | 0 | 0 | 0 | 90 | |
| | Luís Fernandes | CUMIBROA | 1 | 89 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 89 | |
| | Hugo Monteiro | CUMIBROA | 1 | 0 | 0 | 0 | 0 | 0 | 89 | 0 | 0 | 89 | |
| | João Aveiro | GATUES | 1 | 0 | 0 | 88 | 0 | 0 | 0 | 0 | 0 | 88 | |
| | Nelson Heleno | ASSSCC | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 88 | 88 | |
| | Gonçalo Fonseca | ARCDVL | 3 | 0 | 0 | 0 | 0 | 1 | 0 | 33 | 53 | 87 | |
| | Frederico Oliveira | ARC-EAC | 1 | 0 | 86 | 0 | 0 | 0 | 0 | 0 | 0 | 86 | |
| | Ruben Dias | CCRA | 1 | 85 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 85 | |
| | Tiago Moreno | ACDRSQ | 1 | 0 | 0 | 0 | 0 | 85 | 0 | 0 | 0 | 85 | |
| | Bruno Folhas | AMEAL | 1 | 83 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 83 | |
| | Sebastião Görne | BVP | 1 | 0 | 0 | 0 | 0 | 83 | 0 | 0 | 0 | 83 | |
| | Edgar Lopes | CPTSC | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 83 | 83 | |
| | Hugo Gaspar | GRE-AA | 1 | 0 | 0 | 0 | 0 | 82 | 0 | 0 | 0 | 82 | |
| | Joaquim Baltazar | ARCDVL | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 82 | 0 | 82 | |
| | Vasco Gamboa | GRV | 3 | 0 | 1 | 0 | 0 | 17 | 0 | 0 | 64 | 82 | |
| | Paulo Dias | SMOV | 2 | 0 | 0 | 0 | 0 | 24 | 0 | 0 | 57 | 81 | |
| | João Simões | SMOV | 2 | 0 | 0 | 0 | 0 | 23 | 0 | 0 | 58 | 81 | |
| | David Patricio | CPTSC | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 81 | 81 | |
| | Mauro Martins | CCRA | 1 | 80 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 80 | |
| | Rúben Rodrigues | GMIRO | 1 | 0 | 0 | 0 | 0 | 80 | 0 | 0 | 0 | 80 | |
| | Pedro Bastos | CDP-C | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 80 | 80 | |
| | Luís Lourenço | ACRSM | 1 | 0 | 79 | 0 | 0 | 0 | 0 | 0 | 0 | 79 | |
| | Tiago Martins | PENATURE | 1 | 0 | 0 | 0 | 79 | 0 | 0 | 0 | 0 | 79 | |
| | Paulo Jesus | DOMUS | 2 | 0 | 36 | 0 | 0 | 43 | 0 | 0 | 0 | 79 | |
| | Igor Neves | ACDRSQ | 1 | 78 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 78 | |
| | Pedro Cardoso | ASSSCC | 1 | 0 | 0 | 78 | 0 | 0 | 0 | 0 | 0 | 78 | |
| | Marco Paiva | ADCRP | 1 | 76 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 76 | |
| | Jorge Melo | ARCDVL | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 74 | 0 | 74 | |
| | Guilherme Brandão | ADCX | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 74 | 74 | |
| | Ricardo Carvalho | ADCRP | 1 | 73 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 73 | |
| | Joel Lopes | ADCRP | 1 | 0 | 0 | 0 | 73 | 0 | 0 | 0 | 0 | 73 | |
| | Rui Santos | GRV | 4 | 1 | 10 | 0 | 0 | 12 | 0 | 50 | 0 | 73 | |
| | João Loureiro | GRV | 1 | 72 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 72 | |
| | Miguel Pires | ARC-EAC | 1 | 0 | 71 | 0 | 0 | 0 | 0 | 0 | 0 | 71 | |
| | Marco Matos | PENATURE | 1 | 0 | 0 | 0 | 68 | 0 | 0 | 0 | 0 | 68 | |
| | António Amado | GRE-AA | 1 | 0 | 0 | 0 | 0 | 68 | 0 | 0 | 0 | 68 | |
| | Hernani Nogueira | ARSM | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 67 | 67 | |



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|--------|--------------------|----------|---|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| | Pedro Tavares | SCP-C | 2 | 1 | 0 | 32 | 0 | 0 | 0 | 0 | 0 | 33 | |
| | António Santos | CCRA | 1 | 32 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 32 | |
| | Nasário Rodrigues | AMEAL | 1 | 0 | 0 | 0 | 31 | 0 | 0 | 0 | 0 | 31 | |
| | Paulo Almeida | CFM | 1 | 0 | 0 | 0 | 0 | 0 | 30 | 0 | 0 | 30 | |
| | Nuno Castanheira | GMIRO | 1 | 0 | 0 | 25 | 0 | 0 | 0 | 0 | 0 | 25 | |
| | David Rocha | ACRSM | 1 | 0 | 23 | 0 | 0 | 0 | 0 | 0 | 0 | 23 | |
| | Márcio Silva | ARSM | 1 | 0 | 20 | 0 | 0 | 0 | 0 | 0 | 0 | 20 | |
| | Álvaro Baptista | CTR | 1 | 0 | 0 | 0 | 0 | 19 | 0 | 0 | 0 | 19 | |
| | Renato Barros | MC | 1 | 18 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 18 | |
| | Artur Gandara | ARCDVL | 1 | 0 | 0 | 0 | 0 | 18 | 0 | 0 | 0 | 18 | |
| | Ricardo Lopes | IND | 1 | 17 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 17 | |
| | João Munhoz | IND | 1 | 0 | 0 | 0 | 0 | 16 | 0 | 0 | 0 | 16 | |
| | Nuno Coelho | TOCER | 1 | 0 | 14 | 0 | 0 | 0 | 0 | 0 | 0 | 14 | |
| | João Cruz | GRV | 2 | 4 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 14 | |
| | José Santos | ARCDVL | 1 | 0 | 0 | 0 | 0 | 11 | 0 | 0 | 0 | 11 | |
| | Gui Rodrigues | GDF-C | 1 | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 10 | |
| | Filipe Vasconcelos | CCRA | 1 | 9 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 9 | |
| | Marco Oliveira | ARCDVL | 1 | 0 | 0 | 0 | 0 | 9 | 0 | 0 | 0 | 9 | |
| | Nelson Gaspar | ARCDVL | 3 | 1 | 0 | 4 | 0 | 1 | 0 | 0 | 0 | 6 | |
| | João Melanda | CFM | 1 | 0 | 0 | 5 | 0 | 0 | 0 | 0 | 0 | 5 | |
| | Pedro Ferreira | CAOH | 2 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | |
| | Toni Santos | AMEAL | 2 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 2 | |
| | António Carvalho | SCP-C | 2 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 2 | |
| | Luis Dias | CCRA | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | Filipe Campos | GMIRO | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | Roberto Duarte | CCRA | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | João Santos | CFM | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | Tiago Bandeira | AERG | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | Paulo Calçada | MC | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | Bruno Gonçalves | ADCX | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | Paulo Verissimo | GRV | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | Alexandre Oliveira | DOMUS | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | Miguel Albuquerque | PENATURE | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | Sérgio Carvalho | CFM | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | Daniel Natário | ACRSM | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | Cesário Rocha | TBAGA | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | |
| | André Coquim | ACRSM | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | |
| | Joaquim Baptista | CSCRB | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | |
| | João Pratas | ARCDVL | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | |
| | Luís Lapa | ARCDVL | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | |
| | Paulo Santa | ARCDVL | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | |



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CIRCUITO DISTRICTAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO SUB23 MASCULINO

| Class. | Nome | | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|-------------------|---|----------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | Joaquim Sousa | 5 | GRV | 100 | 98 | 100 | 0 | 0 | 100 | 100 | 0 | 498 | 498 |
| | João Simões | 2 | PENATURE | 99 | 99 | 0 | 0 | 0 | 0 | 0 | 0 | 198 | |
| | David Carvalheiro | 1 | ARC-EAC | 0 | 100 | 0 | 0 | 0 | 0 | 0 | 0 | 100 | |
| | João Pratas | 1 | ARCDVL | 0 | 0 | 0 | 0 | 100 | 0 | 0 | 0 | 100 | |



ASSOCIAÇÃO DISTRICTAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRICTAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO MSEN

| Class. | Nome | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|-------------------|------------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | Fábio Antunes | 7 PENATURE | 100 | 99 | 100 | 100 | 100 | 100 | 99 | 0 | 698 | 500 |
| 2 | Diogo Oliveira | 5 GDF-C | 98 | 97 | 0 | 99 | 0 | 97 | 98 | 0 | 489 | 489 |
| 3 | João Gandarez | 6 AMEAL | 95 | 96 | 93 | 0 | 98 | 92 | 0 | 98 | 572 | 480 |
| 4 | Diogo Alves | 5 CCRA | 0 | 0 | 95 | 98 | 92 | 94 | 0 | 96 | 475 | 475 |
| 5 | David Pinho | 5 DOMUS | 96 | 0 | 96 | 0 | 95 | 0 | 97 | 90 | 474 | 474 |
| 6 | Renato Parreira | 6 SCP-C | 91 | 92 | 92 | 0 | 96 | 96 | 94 | 0 | 561 | 470 |
| 7 | Pedro Ponte | 5 GDF-C | 90 | 93 | 0 | 0 | 90 | 0 | 96 | 95 | 464 | 464 |
| 8 | André Silveiro | 8 CUMIBROA | 83 | 88 | 88 | 97 | 84 | 91 | 91 | 93 | 715 | 460 |
| 9 | Mauro Pires | 5 CUMIBROA | 89 | 0 | 0 | 0 | 89 | 93 | 95 | 94 | 460 | 460 |
| 10 | Hugo Nobre | 6 GATOES | 88 | 89 | 90 | 0 | 85 | 90 | 92 | 0 | 534 | 449 |
| 11 | Luís Silva | 6 GATOES | 84 | 86 | 89 | 0 | 88 | 89 | 93 | 0 | 529 | 445 |
| 12 | António Calhau | 6 PENATURE | 81 | 84 | 86 | 94 | 0 | 88 | 89 | 0 | 522 | 441 |
| 13 | Ruben Peixoto | 5 AMEAL | 80 | 81 | 85 | 93 | 79 | 0 | 0 | 0 | 418 | 418 |
| | Francisco Silva | 4 SCP-C | 97 | 0 | 98 | 0 | 99 | 99 | 0 | 0 | 393 | |
| | Eduardo Costa | 3 ACT | 99 | 98 | 99 | 0 | 0 | 0 | 0 | 0 | 296 | |
| | Hugo Tomé | 3 CFM | 94 | 95 | 0 | 0 | 0 | 95 | 0 | 0 | 284 | |
| | Sandro Pimentel | 3 AMEAL | 0 | 87 | 87 | 96 | 0 | 0 | 0 | 0 | 270 | |
| | Bruno Rama | 3 ABCT | 0 | 85 | 0 | 95 | 86 | 0 | 0 | 0 | 266 | |
| | Vasco Gamboa | 3 GRV | 0 | 82 | 0 | 0 | 82 | 0 | 0 | 91 | 255 | |
| | Cristiano Godinho | 2 SMOV | 0 | 0 | 0 | 0 | 94 | 0 | 0 | 97 | 191 | |
| | Luis Rocha | 2 ACRSM | 0 | 94 | 0 | 0 | 93 | 0 | 0 | 0 | 187 | |
| | Bruno Calisto | 2 TOCER | 0 | 91 | 94 | 0 | 0 | 0 | 0 | 0 | 185 | |
| | Paulo Jesus | 2 DOMUS | 90 | 90 | 0 | 0 | 87 | 0 | 0 | 0 | 177 | |
| | João Simões | 2 SMOV | 0 | 0 | 0 | 0 | 83 | 0 | 0 | 89 | 172 | |
| | Pedro Ferreira | 2 CAOH | 82 | 83 | 0 | 0 | 0 | 0 | 0 | 0 | 165 | |
| | João Alves | 1 AAC | 0 | 100 | 0 | 0 | 0 | 0 | 0 | 0 | 100 | |
| | Diogo Teixeira | 1 ARCDVL | 0 | 0 | 0 | 0 | 0 | 0 | 100 | 0 | 100 | |
| | David Soares | 1 CCRA | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 100 | 100 | |
| | Vitor Duarte | 1 AERG | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 99 | 99 | |
| | Hugo Monteiro | 1 CUMIBROA | 0 | 0 | 0 | 0 | 0 | 98 | 0 | 0 | 98 | |
| | João Aveiro | 1 GATOES | 0 | 0 | 97 | 0 | 0 | 0 | 0 | 0 | 97 | |
| | Sebastião Görne | 1 BVP | 0 | 0 | 0 | 0 | 97 | 0 | 0 | 0 | 97 | |
| | Luis Paiva | 1 AMEAL | 93 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 93 | |
| | Márcio Tavares | 1 DOMUS | 92 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 92 | |
| | Guilherme Brandão | 1 ADCX | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 92 | 92 | |
| | Nelson Rosete | 1 ACT | 0 | 0 | 91 | 0 | 0 | 0 | 0 | 0 | 91 | |
| | Ricardo Lopes | 1 CUMIBROA | 0 | 0 | 0 | 0 | 91 | 0 | 0 | 0 | 91 | |
| | Jorge Pocinho | 1 ARCDVL | 0 | 0 | 0 | 0 | 0 | 0 | 90 | 0 | 90 | |
| | Gui Rodrigues | 1 GDF-C | 87 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 87 | |
| | Filipe Campos | 1 GMIRO | 86 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 86 | |
| | João Santos | 1 CFM | 85 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 85 | |
| | João Munhoz | 1 IND | 0 | 0 | 0 | 0 | 81 | 0 | 0 | 0 | 81 | |
| | André Coquim | 1 ACRSM | 0 | 0 | 0 | 0 | 80 | 0 | 0 | 0 | 80 | |



ASSOCIAÇÃO DISTRICTAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRICTAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO M40

| Class. | Nome | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|------------------|------------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | Paulo Neves | 5 ACT | 100 | 0 | 0 | 100 | 100 | 100 | 100 | 0 | 500 | 500 |
| 2 | Jorge Simões | 5 GATOES | 0 | 100 | 100 | 0 | 99 | 99 | 0 | 100 | 498 | 498 |
| 3 | André Magalhães | 5 ACT | 99 | 0 | 99 | 0 | 98 | 0 | 99 | 99 | 494 | 494 |
| 4 | Nelson Meco | 6 AMEAL | 0 | 99 | 95 | 0 | 97 | 97 | 98 | 98 | 584 | 489 |
| 5 | Cláudio Matos | 8 ABCT | 94 | 93 | 98 | 97 | 96 | 96 | 96 | 95 | 765 | 483 |
| 6 | João Paiva | 5 SMOV | 0 | 96 | 92 | 99 | 95 | 95 | 0 | 0 | 477 | 477 |
| 7 | Marco Brásio | 7 ABCT | 91 | 92 | 94 | 0 | 90 | 93 | 94 | 97 | 651 | 470 |
| 8 | Nuno Gois | 5 GRV | 90 | 97 | 0 | 0 | 89 | 92 | 92 | 0 | 460 | 461 |
| 9 | Marcos Afonso | 6 CUMIBROA | 86 | 91 | 0 | 92 | 87 | 91 | 0 | 93 | 540 | 454 |
| 10 | Vitor Soto | 6 CFM | 92 | 90 | 88 | 90 | 0 | 89 | 91 | 0 | 540 | 452 |
| 11 | Carlos Reis | 5 AMEAL | 89 | 95 | 96 | 0 | 81 | 85 | 0 | 0 | 446 | 446 |
| 12 | Miguel Amaro | 5 ACT | 82 | 0 | 90 | 91 | 86 | 0 | 95 | 0 | 444 | 445 |
| 13 | André Martins | 5 GMIRO | 84 | 0 | 83 | 89 | 0 | 0 | 89 | 92 | 437 | 437 |
| 14 | Nuno Queda | 6 GATOES | 79 | 87 | 85 | 0 | 83 | 88 | 93 | 0 | 515 | 436 |
| 15 | Fausto Reis | 5 GMIRO | 80 | 85 | 84 | 0 | 84 | 87 | 0 | 0 | 420 | 420 |
| | João Nunes | 4 CFM | 85 | 0 | 91 | 95 | 0 | 90 | 0 | 0 | 361 | |
| | Eduardo Ferreira | 2 ACT | 0 | 98 | 97 | 0 | 0 | 0 | 0 | 0 | 195 | |
| | Tiago Figueiredo | 2 ACDRSQ | 0 | 0 | 0 | 98 | 94 | 0 | 0 | 0 | 192 | |
| | Jorge Bandeira | 2 ACDRSQ | 0 | 94 | 0 | 0 | 93 | 0 | 0 | 0 | 187 | |
| | Eduardo Loureiro | 2 TOCER | 0 | 0 | 0 | 93 | 0 | 94 | 0 | 0 | 187 | |
| | João Rodrigues | 2 CUMIBROA | 93 | 0 | 93 | 0 | 0 | 0 | 0 | 0 | 186 | |
| | Tiago Lopes | 2 ACRSM | 0 | 0 | 0 | 0 | 0 | 0 | 90 | 91 | 181 | |
| | Rudy Baptista | 2 CFM | 0 | 88 | 86 | 0 | 0 | 0 | 0 | 0 | 174 | |
| | Vitor Varandas | 2 CFM | 0 | 86 | 0 | 0 | 0 | 86 | 0 | 0 | 172 | |
| | Luís Grou | 2 ACT | 0 | 0 | 89 | 0 | 82 | 0 | 0 | 0 | 171 | |
| | Gabriel Romualdo | 2 ACDRSQ | 0 | 0 | 82 | 88 | 0 | 0 | 0 | 0 | 170 | |
| | Pedro Tavares | 2 SCP-C | 81 | 0 | 87 | 0 | 0 | 0 | 0 | 0 | 168 | |
| | João Dias | 1 MC | 98 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 98 | |
| | Fernando Bastos | 1 MC | 0 | 0 | 0 | 0 | 0 | 98 | 0 | 0 | 98 | |
| | Joaquim Baltazar | 1 ARCDVL | 0 | 0 | 0 | 0 | 0 | 0 | 97 | 0 | 97 | |
| | Bruno Folhas | 1 AMEAL | 97 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 97 | |
| | Igor Neves | 1 ACDRSQ | 96 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 96 | |
| | Tiago Martins | 1 PENATURE | 0 | 0 | 0 | 96 | 0 | 0 | 0 | 0 | 96 | |
| | Edgar Lopes | 1 CPTSC | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 96 | 96 | |
| | Ricardo Carvalho | 1 ADCRP | 95 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 95 | |
| | Joel Lopes | 1 ADCRP | 0 | 0 | 0 | 94 | 0 | 0 | 0 | 0 | 94 | |
| | Hernani Nogueira | 1 ARSM | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 94 | 94 | |
| | Sérgio Vilão | 1 ARCDVL | 0 | 0 | 0 | 0 | 92 | 0 | 0 | 0 | 92 | |
| | Eugénio Santos | 1 GMIRO | 0 | 0 | 0 | 0 | 91 | 0 | 0 | 0 | 91 | |
| | Márcio Silva | 1 ARSM | 0 | 89 | 0 | 0 | 0 | 0 | 0 | 0 | 89 | |
| | Pedro Simões | 1 MC | 88 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 88 | |
| | Tiago Simões | 1 ACDRSQ | 0 | 0 | 0 | 0 | 88 | 0 | 0 | 0 | 88 | |



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRIAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO M45

| Class. | Nome | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|---------------------|------------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | Alex Silva | 5 ACT | 100 | 100 | 100 | 100 | 0 | 100 | 0 | | 500 | 500 |
| 2 | Didier Jesus | 7 CFM | 99 | 99 | 99 | 99 | 100 | 99 | 99 | | 694 | 496 |
| 3 | Aurélio Saúde | 7 ACDRSQ | 96 | 98 | 98 | 0 | 97 | 97 | 98 | 99 | 683 | 490 |
| 4 | César Figueiredo | 5 ACT | 95 | 0 | 97 | 0 | 99 | 98 | 100 | | 489 | 489 |
| 5 | Jacirio Carvalheiro | 5 GDF-C | 88 | 92 | 0 | 97 | 95 | 96 | 0 | | 468 | 468 |
| 6 | Nuno Silva | 5 SCP-C | 89 | 93 | 92 | 0 | 94 | 0 | 94 | | 462 | 463 |
| 7 | Rafael Rodrigues | 8 AMEAL | 82 | 82 | 84 | 89 | 83 | 93 | 95 | 98 | 706 | 459 |
| 8 | Pedro Figueiredo | 6 TOCER | 83 | 88 | 90 | 93 | 90 | 95 | 0 | | 539 | 456 |
| 9 | Luís Vasco | 5 GRV | 79 | 90 | 0 | 96 | 93 | 0 | 96 | | 454 | 455 |
| 10 | Marco Mesquita | 5 DOMUS | 80 | 84 | 0 | 91 | 0 | 94 | 0 | 96 | 445 | 445 |
| 11 | Bruno B Ferreira | 5 ACDRSQ | 0 | 81 | 88 | 94 | 92 | 0 | 89 | | 444 | 445 |
| 12 | Miguel Ribeiro | 5 SCP-C | 86 | 87 | 85 | 0 | 91 | 0 | 93 | | 442 | 443 |
| 13 | Rui Custódio | 6 FKC | 78 | 80 | 83 | 95 | 84 | 92 | 0 | | 512 | 434 |
| | João Bairrão | 4 GRV | 81 | 0 | 86 | 92 | 88 | 0 | 0 | | 347 | |
| | Márcio Rodrigues | 3 ACDRSQ | 0 | 0 | 96 | 98 | 96 | 0 | 0 | | 290 | |
| | Rodrigo Quintal | 3 SCP-C | 94 | 96 | 94 | 0 | 0 | 0 | 0 | | 284 | |
| | Ricardo Coelho | 3 PENATURE | 0 | 0 | 87 | 0 | 0 | 0 | 90 | 97 | 274 | |
| | Gonçalo Fonseca | 3 ARCDVL | 0 | 0 | 0 | 0 | 82 | 0 | 87 | 95 | 264 | |
| | Filipe Abreu | 3 DOMUS | 85 | 86 | 0 | 0 | 89 | 0 | 0 | | 260 | |
| | João Batata | 3 CFM | 84 | 83 | 89 | 0 | 0 | 0 | 0 | | 256 | |
| | Ricardo Moreira | 2 ABCT | 0 | 0 | 95 | 0 | 0 | 0 | 0 | 100 | 195 | |
| | Bruno Rodrigues | 2 ACDRSQ | 93 | 97 | 0 | 0 | 0 | 0 | 0 | | 190 | |
| | Joselito Pereira | 2 GMIRO | 87 | 91 | 0 | 0 | 0 | 0 | 0 | | 178 | |
| | César Azenha | 2 GRV | 0 | 0 | 0 | 90 | 86 | 0 | 0 | | 176 | |
| | Fernando Carvalho | 1 ADCRP | 98 | 0 | 0 | 0 | 0 | 0 | 0 | | 98 | |
| | Pedro Veríssimo | 1 GRV | 0 | 0 | 0 | 0 | 98 | 0 | 0 | | 98 | |
| | Luís Fernandes | 1 CUMBROA | 97 | 0 | 0 | 0 | 0 | 0 | 0 | | 97 | |
| | Jorge Melo | 1 ARCDVL | 0 | 0 | 0 | 0 | 0 | 0 | 97 | | 97 | |
| | Miguel Pires | 1 ARC-EAC | 0 | 95 | 0 | 0 | 0 | 0 | 0 | | 95 | |
| | João Farinha | 1 TOCER | 0 | 94 | 0 | 0 | 0 | 0 | 0 | | 94 | |
| | Pedro Cardoso | 1 ASSSCC | 0 | 0 | 93 | 0 | 0 | 0 | 0 | | 93 | |
| | Marco Santos | 1 ARCDVL | 0 | 0 | 0 | 0 | 0 | 0 | 92 | | 92 | |
| | Jorge Santos | 1 MC | 92 | 0 | 0 | 0 | 0 | 0 | 0 | | 92 | |
| | Gil Santos | 1 ARCDVL | 0 | 0 | 0 | 0 | 0 | 0 | 91 | | 91 | |
| | Jorge Catorze | 1 MC | 91 | 0 | 0 | 0 | 0 | 0 | 0 | | 91 | |
| | Márcio Flórido | 1 ARSM | 0 | 0 | 91 | 0 | 0 | 0 | 0 | | 91 | |
| | João Ferra | 1 CFM | 0 | 0 | 0 | 0 | 0 | 91 | 0 | | 91 | |
| | Luciano Fonte | 1 GMIRO | 90 | 0 | 0 | 0 | 0 | 0 | 0 | | 90 | |
| | Vitor Viola | 1 ARSM | 0 | 89 | 0 | 0 | 0 | 0 | 0 | | 89 | |
| | Nasário Rodrigues | 1 AMEAL | 0 | 0 | 0 | 88 | 0 | 0 | 0 | | 88 | |
| | Pedro Relvão | 1 AMEAL | 0 | 0 | 0 | 0 | 0 | 0 | 88 | | 88 | |
| | Artur Gandara | 1 ARCDVL | 0 | 0 | 0 | 0 | 87 | 0 | 0 | | 87 | |
| | Nuno Coelho | 1 TOCER | 0 | 85 | 0 | 0 | 0 | 0 | 0 | | 85 | |



ASSOCIAÇÃO DISTRICTAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRICTAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO M45



| Class. | Nome | | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|--------------------|---|----------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| | Marco Oliveira | 1 | ARCDVL | 0 | 0 | 0 | 0 | 85 | 0 | 0 | | 85 | |
| | Miguel Albuquerque | 1 | PENATURE | 0 | 79 | 0 | 0 | 0 | 0 | 0 | | 79 | |
| | Sérgio Carvalho | 1 | CFM | 0 | 78 | 0 | 0 | 0 | 0 | 0 | | 78 | |
| | Bruno Gonçalo | 1 | ADCX | 77 | 0 | 0 | 0 | 0 | 0 | 0 | | 77 | |



ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO M60



| Class. | Nome | | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|-----------------|---|--------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | José Zananar | 5 | ACT | 100 | 100 | 0 | 100 | 100 | 100 | 0 | 0 | 500 | 500 |
| 2 | Luis Dias | 7 | IND | 0 | 98 | 100 | 98 | 97 | 97 | 98 | 98 | 686 | 492 |
| 3 | João Matos | 5 | GMIRO | 95 | 0 | 0 | 0 | 99 | 99 | 99 | 99 | 491 | 491 |
| 4 | José Correia | 6 | ARSM | 98 | 97 | 99 | 99 | 0 | 98 | 97 | 0 | 588 | 491 |
| 5 | Joaquim Mendes | 5 | MC | 96 | 0 | 0 | 97 | 96 | 96 | 95 | 0 | 480 | 480 |
| | José Gil | 3 | GDF-C | 99 | 99 | 0 | 0 | 0 | 0 | 100 | 0 | 298 | |
| | David Patricio | 1 | CPTSC | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 100 | 100 | |
| | José Santos | 1 | ARCDVL | 0 | 0 | 0 | 0 | 98 | 0 | 0 | 0 | 98 | |
| | Renato Barros | 1 | MC | 97 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 97 | |
| | Carlos Palmeira | 1 | ARCDVL | 0 | 0 | 0 | 0 | 0 | 0 | 96 | 0 | 96 | |



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRIAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO M65



| Class. | Nome | | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|------------------|---|-------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | José Coutinho | 6 | GMIRO | 100 | 0 | 0 | 100 | 99 | 100 | 100 | 100 | 599 | 500 |
| | Américo Grou | 3 | GRV | 0 | 0 | 100 | 99 | 100 | 0 | 0 | 0 | 299 | |
| | António Carvalho | 2 | SCP-C | 0 | 100 | 0 | 0 | 98 | 0 | 0 | 0 | 198 | |



ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO M70



| Class. | Nome | | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|-------------------|---|-------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | Arsénio Fernandes | 6 | ARSM | 100 | 100 | 100 | 100 | 100 | 0 | 0 | 100 | 600 | 500 |
| 2 | Manuel Costa | 5 | CFM | 0 | 99 | 99 | 99 | 0 | 100 | 0 | 99 | 496 | 496 |



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRIAL DE TRAIL DE COIMBRA - CURTO
ÉPOCA 2024/2025
CLASSIFICAÇÃO COLETIVA MASCULINA



| Class. | NOME | Sigla Clube | PEDRA FERIDA | TRAIL SARILHO | TRILHO S. TOMÉ | TRILHO GATOS | AMEAL TRAIL | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos |
|--------|---|-------------|--------------|---------------|----------------|--------------|-------------|----------------|--------------|---------------|--------|
| 1 | ATLETISMO CLUBE DA TOCHA | 7 ACT | 15 | 15 | 15 | 14 | 15 | 15 | 15 | 0 | 104 |
| 2 | ASSOCIAÇÃO CULTURAL, DESPORTIVA, RECREATIVA E SOCIAL DE QUINHENDROS | 7 ACDRSQ | 12 | 12 | 14 | 15 | 14 | 13 | 7 | 0 | 87 |
| 3 | CLUBE DE FUTEBOL "OS MARIALVAS" | 6 CFM | 13 | 13 | 13 | 13 | 0 | 14 | 9 | 0 | 75 |
| 4 | GRUPO DESPORTIVO FERREIRENSE | 6 GDF-C | 10 | 11 | 0 | 12 | 10 | 9 | 14 | 0 | 66 |
| 5 | ASSOCIAÇÃO RECREATIVA E DESPORTIVA DE AMEAL | 8 AMEAL | 8 | 9 | 9 | 8 | 12 | 8 | 11 | 15 | 80 |
| 6 | GRUPO RECREATIVO VILAVERDENSE | 7 GRV | 7 | 8 | 8 | 10 | 13 | 10 | 13 | 0 | 69 |
| 7 | PENATURE - ASSOCIAÇÃO DE DESPORTO DE NATUREZA DE PENACOVA | 8 PENATURE | 9 | 10 | 6 | 11 | 2 | 6 | 6 | 10 | 60 |
| 8 | CENTRO CULTURAL CUMEEIRA | 8 CUMIBROA | 4 | 2 | 5 | 9 | 5 | 11 | 8 | 13 | 57 |
| 9 | SPORTING CLUBE POVOENSE | 6 SCP-C | 5 | 6 | 11 | 0 | 11 | 12 | 5 | 0 | 50 |
| 10 | VOAR BAIXINHO - ASSOCIAÇÃO DE DESENVOLVIMENTO DESPORTIVO E CULTURAL DE GATÕES | 6 GATOES | 1 | 3 | 10 | 0 | 8 | 7 | 10 | 0 | 39 |
| 11 | GRUPO DE SOLIDARIEDADE SOCIAL, DESPORTIVO, CULTURAL E RECREATIVO DE MIRO | 7 GMIRO | 1 | 0 | 4 | 6 | 9 | 3 | 4 | 11 | 38 |
| 12 | ASSOCIAÇÃO RECREATIVA DE S. MIGUEL | 6 ARSM | 2 | 7 | 7 | 7 | 1 | 4 | 0 | 0 | 28 |
| | ASSOCIAÇÃO BLACKBULLS CYCLING TEAM ABCT | 4 ABCT | 0 | 1 | 12 | 0 | 7 | 0 | 0 | 14 | 34 |
| | SOURE MOV (APPACDM DE SOURE) | 2 SMOV | 0 | 0 | 0 | 0 | 6 | 0 | 0 | 12 | 18 |
| | ASSOCIAÇÃO RECREATIVA CULTURAL E DESPORTIVA DA VENDA DA LUÍSA | 3 ARCDVL | 1 | 0 | 0 | 0 | 4 | 0 | 12 | 0 | 17 |
| | CENTRO CULTURAL E RECREATIVO DE ALCABIDEQUE | 1 CCRA | 14 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 14 |
| | ASSOCIAÇÃO RECREATIVA CASAENSE-ESCOLA DE ATLETISMO DE COIMBRA | 1 ARC-EAC | 0 | 14 | 0 | 0 | 0 | 0 | 0 | 0 | 14 |
| | ASSOCIAÇÃO DESPORTIVA. CULTURAL E RECREATIVA DE PEREIRA | 1 ADCRP | 11 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 11 |
| | TALENTOS OBJETIVOS CLUBE DE ENDURO E RECREIO | 2 TOCER | 0 | 4 | 0 | 0 | 0 | 5 | 0 | 0 | 9 |
| | CLUBE DOMUS NOSTRA | 3 DOMUS | 3 | 1 | 0 | 0 | 3 | 0 | 0 | 0 | 7 |
| | MONTANHA CLUBE | 1 MC | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 6 |
| | ASSOCIAÇÃO CULTURAL E RECREATIVA DO SEIXO DE MIRA | 1 ACRSM | 0 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 5 |



ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO GERAL FEMININA

| Class. | Nome | Clube | | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|---------------------|----------|---|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | Lúcia Silva | ABCT | 7 | 97 | 99 | 98 | 0 | 98 | 99 | 98 | 97 | 686 | 492 |
| 2 | Cláudia Neto | ABCT | 5 | 100 | 98 | 100 | 0 | 0 | 0 | 95 | 98 | 491 | 491 |
| 3 | Catarina Marques | ASSSCC | 5 | 96 | 0 | 99 | 99 | 0 | 98 | 97 | 0 | 489 | 489 |
| 4 | Filomena Marques | CFM | 5 | 99 | 97 | 94 | 95 | 0 | 95 | 0 | 0 | 480 | 480 |
| 5 | Vera Gomes | PENATURE | 7 | 87 | 0 | 95 | 96 | 93 | 97 | 92 | 96 | 656 | 477 |
| 6 | Ana Domingues | ACDRSQ | 5 | 0 | 91 | 0 | 98 | 94 | 94 | 0 | 100 | 477 | 477 |
| 7 | Dília Santos | ARSM | 5 | 93 | 95 | 93 | 0 | 97 | 96 | 0 | 0 | 474 | 474 |
| 8 | Teresa Rosa | GRV | 6 | 0 | 93 | 92 | 94 | 89 | 93 | 94 | 0 | 555 | 466 |
| 9 | Cristina Jorge | FKC | 5 | 90 | 92 | 97 | 93 | 92 | 0 | 0 | 0 | 464 | 464 |
| 10 | Carla Santos | AERG | 8 | 95 | 90 | 88 | 88 | 81 | 90 | 89 | 91 | 712 | 455 |
| 11 | Lígia Marques | ARSM | 6 | 0 | 83 | 0 | 92 | 88 | 91 | 90 | 93 | 537 | 454 |
| 12 | Lígia Coelho | ARSM | 5 | 94 | 94 | 91 | 83 | 0 | 0 | 0 | 88 | 450 | 450 |
| 13 | Anabela Monteiro | CUMIBROA | 5 | 0 | 88 | 89 | 0 | 86 | 92 | 88 | 0 | 443 | 443 |
| 14 | Elisabete Ferreira | MC | 5 | 0 | 0 | 0 | 91 | 83 | 88 | 85 | 89 | 436 | 436 |
| 15 | Aldina Ferreira | GRV | 6 | 0 | 0 | 85 | 86 | 69 | 85 | 86 | 86 | 497 | 428 |
| 16 | Ana Sêco | MC | 7 | 75 | 85 | 84 | 90 | 75 | 83 | 81 | 0 | 573 | 423 |
| 17 | Marisa Ferreira | ARSM | 7 | 78 | 78 | 76 | 0 | 84 | 89 | 82 | 85 | 572 | 418 |
| 18 | Maria Maia | GRV | 7 | 80 | 81 | 87 | 0 | 74 | 81 | 79 | 87 | 569 | 416 |
| 19 | Rosália Duarte | SMOV | 5 | 72 | 0 | 83 | 89 | 79 | 0 | 84 | 0 | 407 | 407 |
| 20 | Suzana Leitão | DOMUS | 5 | 67 | 82 | 78 | 87 | 0 | 86 | 0 | 0 | 400 | 400 |
| 21 | Marta Serralheiro | SMOV | 6 | 71 | 0 | 82 | 84 | 71 | 0 | 78 | 82 | 468 | 397 |
| 22 | Helena Azul | CFM | 5 | 81 | 84 | 73 | 0 | 72 | 73 | 0 | 0 | 383 | 383 |
| 23 | Cláudia Sousa | AMEAL | 6 | 69 | 75 | 70 | 80 | 0 | 76 | 72 | 0 | 442 | 373 |
| 24 | Catarina Sousa | CFM | 5 | 0 | 80 | 68 | 77 | 57 | 80 | 0 | 0 | 362 | 362 |
| 25 | Viviana Leitão | ADCRP | 5 | 0 | 0 | 80 | 76 | 55 | 77 | 69 | 0 | 357 | 357 |
| 26 | Oriana Dias | DOMUS | 5 | 66 | 0 | 65 | 79 | 63 | 75 | 0 | 0 | 348 | 348 |
| 27 | Fernanda Freitas | GRV | 5 | 63 | 74 | 63 | 73 | 52 | 0 | 0 | 0 | 325 | 325 |
| 28 | Patrícia Laranjeiro | DOMUS | 5 | 60 | 0 | 66 | 75 | 53 | 71 | 0 | 0 | 325 | 325 |
| 29 | Maria Matias | GRV | 5 | 62 | 72 | 64 | 74 | 51 | 0 | 0 | 0 | 323 | 323 |
| | Sandra Santos | PENATURE | 4 | 0 | 0 | 96 | 97 | 91 | 0 | 0 | 84 | 368 | |
| | Monica Salvador | PENATURE | 4 | 85 | 87 | 0 | 0 | 80 | 84 | 0 | 0 | 336 | |
| | Helena Guerra | CFM | 4 | 68 | 86 | 86 | 0 | 0 | 74 | 0 | 0 | 314 | |
| | Nélia Jesus | ACT | 4 | 0 | 77 | 81 | 0 | 64 | 0 | 77 | 0 | 299 | |
| | Maria Trindade | OMDC | 4 | 0 | 0 | 72 | 0 | 65 | 79 | 0 | 80 | 296 | |
| | Vanda Graça | CFM | 4 | 0 | 0 | 67 | 78 | 58 | 82 | 0 | 0 | 285 | |
| | Isabel Parreiral | PENATURE | 3 | 98 | 0 | 0 | 0 | 0 | 87 | 91 | 0 | 276 | |
| | Vitória Syerikova | CUMIBROA | 3 | 92 | 89 | 0 | 0 | 0 | 0 | 75 | 0 | 256 | |
| | Ana Silva | PENATURE | 3 | 0 | 0 | 0 | 85 | 0 | 78 | 80 | 0 | 243 | |
| | Sara Pessoa | GRV | 3 | 77 | 79 | 77 | 0 | 0 | 0 | 0 | 0 | 233 | |
| | Maria Malta | GMIRO | 3 | 79 | 0 | 0 | 81 | 67 | 0 | 0 | 0 | 227 | |
| | Judite Duarte | ARCDVL | 3 | 0 | 0 | 0 | 0 | 61 | 0 | 71 | 81 | 213 | |
| | Tânia Padilha | IND | 2 | 0 | 0 | 0 | 100 | 0 | 100 | 0 | 0 | 200 | |
| | Fátima Fernandes | ARSM | 2 | 0 | 96 | 0 | 0 | 0 | 0 | 0 | 99 | 195 | |
| | Melanie Muller-Maiz | GRV | 2 | 88 | 0 | 0 | 0 | 100 | 0 | 0 | 0 | 188 | |
| | Natalina Almeida | MC | 2 | 0 | 0 | 0 | 0 | 87 | 0 | 0 | 95 | 182 | |
| | Carina Silva | GATOES | 2 | 0 | 0 | 74 | 0 | 90 | 0 | 0 | 0 | 164 | |
| | Alda Santos | SMOV | 2 | 84 | 0 | 71 | 0 | 0 | 0 | 0 | 0 | 155 | |



ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO GERAL FEMININA

| Class. | Nome | Clube | | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|---------------------|----------|---|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| | Sílvia Costa | ARCDVL | 2 | 73 | 0 | 0 | 0 | 77 | 0 | 0 | 0 | 150 | |
| | Maria Almeida | GMIRO | 2 | 70 | 0 | 0 | 0 | 78 | 0 | 0 | 0 | 148 | |
| | Cristina Melo | ARCDVL | 2 | 74 | 0 | 69 | 0 | 0 | 0 | 0 | 0 | 143 | |
| | Fátima Oliveira | GRV | 2 | 0 | 0 | 0 | 82 | 59 | 0 | 0 | 0 | 141 | |
| | Ana Lacerda | ARCDVL | 2 | 0 | 0 | 0 | 0 | 68 | 0 | 73 | 0 | 141 | |
| | Ana Vicente | GMIRO | 2 | 61 | 73 | 0 | 0 | 0 | 0 | 0 | 0 | 134 | |
| | Graça Simões | ARCDVL | 2 | 0 | 0 | 0 | 0 | 60 | 0 | 70 | 0 | 130 | |
| | Rosa Matos | GMIRO | 2 | 0 | 0 | 62 | 0 | 54 | 0 | 0 | 0 | 116 | |
| | Carla Reis | ARSM | 1 | 0 | 100 | 0 | 0 | 0 | 0 | 0 | 0 | 100 | |
| | Constança Pelicano | CFM | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 100 | 0 | 100 | |
| | Ana Mota | CFM | 1 | 0 | 0 | 0 | 0 | 99 | 0 | 0 | 0 | 99 | |
| | Carla Manaia | ADCX | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 99 | 0 | 99 | |
| | Maria Matos | AMEAL | 1 | 0 | 0 | 0 | 0 | 96 | 0 | 0 | 0 | 96 | |
| | Ana Fernandes | ARCDVL | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 96 | 0 | 96 | |
| | Ana Oliveira | CCRA | 1 | 0 | 0 | 0 | 0 | 95 | 0 | 0 | 0 | 95 | |
| | Ana Feteira | ARSM | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 94 | 94 | |
| | Marlene Marques | GRV | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 93 | 0 | 93 | |
| | Marisa Araújo | ADCX | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 92 | 92 | |
| | Maria Simoes | GRV | 1 | 91 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 91 | |
| | Gabriela Marques | ASSSCC | 1 | 0 | 0 | 90 | 0 | 0 | 0 | 0 | 0 | 90 | |
| | Ana Rosário | ADCX | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 90 | 90 | |
| | Clara Rodrigues | ARC-EAC | 1 | 89 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 89 | |
| | Suzana Santo | ARCDVL | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 87 | 0 | 87 | |
| | Mariana Rosa | AERG | 1 | 86 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 86 | |
| | Elisabete Girão | ARCDVL | 1 | 0 | 0 | 0 | 0 | 85 | 0 | 0 | 0 | 85 | |
| | Mariana Vasconcelos | CCRA | 1 | 83 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 83 | |
| | Alexandra Duarte | BVP | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 83 | 0 | 83 | |
| | Diana Costa | PENATURE | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 83 | 83 | |
| | Ines Ferreira | PENATURE | 1 | 82 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 82 | |
| | Isabel Maia | AMEAL | 1 | 0 | 0 | 0 | 0 | 82 | 0 | 0 | 0 | 82 | |
| | Paula Pereira | PENATURE | 1 | 0 | 0 | 79 | 0 | 0 | 0 | 0 | 0 | 79 | |
| | Susana Costa | CFM | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 79 | 79 | |
| | Raphaella Rodrigues | GRV | 1 | 76 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 76 | |
| | Alda Cordeiro | TBAGA | 1 | 0 | 76 | 0 | 0 | 0 | 0 | 0 | 0 | 76 | |
| | Elisabete Correia | ARCDVL | 1 | 0 | 0 | 0 | 0 | 76 | 0 | 0 | 0 | 76 | |
| | Paula Palmeira | ARCDVL | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 76 | 0 | 76 | |
| | Fátima Videira | PENATURE | 1 | 0 | 0 | 75 | 0 | 0 | 0 | 0 | 0 | 75 | |
| | Joana Santo | BVP | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 74 | 0 | 74 | |
| | Inês Custódio | ARCDVL | 1 | 0 | 0 | 0 | 0 | 73 | 0 | 0 | 0 | 73 | |
| | Daniela Guerra | CFM | 1 | 0 | 0 | 0 | 0 | 0 | 72 | 0 | 0 | 72 | |
| | Soraia Martins | ARCDVL | 1 | 0 | 0 | 0 | 0 | 70 | 0 | 0 | 0 | 70 | |



ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO ESCALÃO SEN FEM

| Class. | Nome | | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|---------------------|---|----------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | Ana Domingues | 5 | ACDRSQ | 0 | 99 | 0 | 100 | 99 | 100 | 0 | 100 | 498 | |
| | Melanie Muller-Maiz | 2 | GRV | 100 | 0 | 0 | 0 | 100 | 0 | 0 | 0 | 200 | |
| | Ana Vicente | 2 | GMIRO | 97 | 98 | 0 | 0 | 0 | 0 | 0 | 0 | 195 | |
| | Constança Costa | 1 | CFM | 0 | 0 | 0 | 0 | 0 | 0 | 100 | 0 | 100 | |
| | Fátima Fernandes | 2 | ARSM | 0 | 100 | 0 | 0 | 0 | 0 | 0 | 99 | 199 | |
| | Ines Ferreira | 1 | PENATURE | 99 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 99 | |
| | Alexandra Duarte | 1 | BVP | 0 | 0 | 0 | 0 | 0 | 0 | 99 | 0 | 99 | |
| | Beatriz Pedro | 1 | SMOV | 98 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 98 | |
| | Inês Custódio | 1 | ARCDVL | 0 | 0 | 0 | 0 | 98 | 0 | 0 | 0 | 98 | |
| | Joana Santo | 1 | BVP | 0 | 0 | 0 | 0 | 0 | 0 | 98 | 0 | 98 | |
| | Marisa Araújo | 1 | ADCX | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 98 | 98 | |
| | Inês Isusi | 1 | ARCDVL | 0 | 0 | 0 | 0 | 97 | 0 | 0 | 0 | 97 | |
| | Ana Rosário | 1 | ADCX | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 97 | 97 | |
| | Sara Duarte | 1 | GMIRO | 0 | 0 | 0 | 0 | 96 | 0 | 0 | 0 | 96 | |



ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO ESCALÃO F35

| Class. | Nome | | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|-----------------|---|--------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | Cláudia Neto | 5 | ABCT | 100 | 100 | 100 | 0 | 0 | 0 | 100 | 100 | 500 | 500 |
| 2 | Cristina Jorge | 5 | FKC | 98 | 99 | 99 | 99 | 99 | 0 | 0 | 0 | 494 | 494 |
| 3 | Ligia Marques | 6 | ARSM | 0 | 97 | 0 | 98 | 97 | 99 | 98 | 99 | 588 | 491 |
| 4 | Carla Santos | 8 | AERG | 99 | 98 | 98 | 97 | 96 | 98 | 97 | 98 | 781 | 491 |
| | Sara Pessoa | 3 | GRV | 97 | 96 | 97 | 0 | 0 | 0 | 0 | 0 | 290 | |
| | Tânia Padilha | 2 | IND | 0 | 0 | 0 | 100 | 0 | 100 | 0 | 0 | 200 | |
| | Carina Silva | 2 | GATOES | 0 | 0 | 96 | 0 | 98 | 0 | 0 | 0 | 194 | |
| | Ana Oliveira | 1 | CCRA | 0 | 0 | 0 | 0 | 100 | 0 | 0 | 0 | 100 | |
| | Marlene Marques | 1 | GRV | 0 | 0 | 0 | 0 | 0 | 0 | 99 | 0 | 99 | |
| | Daniela Guerra | 1 | CFM | 0 | 0 | 0 | 0 | 0 | 97 | 0 | 0 | 97 | |
| | Soraia Martins | 1 | ARCDVL | 0 | 0 | 0 | 0 | 95 | 0 | 0 | 0 | 95 | |



ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO ESCALÃO F50

| Class. | Nome | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|--------------------|------------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | Teresa Rosa | 6 GRV | 0 | 99 | 100 | 100 | 100 | 100 | 99 | 0 | 598 | 499 |
| 2 | Anabela Monteiro | 5 CUMIBROA | 0 | 98 | 99 | 0 | 99 | 99 | 98 | 0 | 493 | 493 |
| 3 | Elisabete Ferreira | 5 MC | 0 | 0 | 0 | 99 | 97 | 98 | 97 | 100 | 491 | 491 |
| 4 | Maria Maia | 7 GRV | 98 | 97 | 98 | 0 | 96 | 97 | 96 | 99 | 681 | 489 |
| 5 | Marta Serralheiro | 6 SMOV | 96 | 0 | 97 | 98 | 95 | 0 | 95 | 98 | 579 | 484 |
| 6 | Oriana Dias | 5 DOMUS | 95 | 0 | 92 | 97 | 92 | 96 | 0 | 0 | 472 | 472 |
| 7 | Fernanda Freitas | 5 GRV | 94 | 95 | 91 | 96 | 90 | 0 | 0 | 0 | 466 | 466 |
| | Nelia Jesus | 4 ACT | 0 | 96 | 96 | 0 | 93 | 0 | 94 | 0 | 379 | |
| | Judite Duarte | 3 ARCDVL | 0 | 0 | 0 | 0 | 91 | 0 | 92 | 97 | 280 | |
| | Alda Santos | 2 SMOV | 99 | 0 | 94 | 0 | 0 | 0 | 0 | 0 | 193 | |
| | Cristina Melo | 2 ARCDVL | 97 | 0 | 93 | 0 | 0 | 0 | 0 | 0 | 190 | |
| | Ana Lacerda | 2 ARCDVL | 0 | 0 | 0 | 0 | 94 | 0 | 93 | 0 | 187 | |
| | Maria Simoes | 1 GRV | 100 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 100 | |
| | Carla Reis | 1 ARSM | 0 | 100 | 0 | 0 | 0 | 0 | 0 | 0 | 100 | |
| | Carla Manaia | 1 ADCX | 0 | 0 | 0 | 0 | 0 | 0 | 100 | 0 | 100 | |
| | Elisabete Girão | 1 ARCDVL | 0 | 0 | 0 | 0 | 98 | 0 | 0 | 0 | 98 | |
| | Paula Pereira | 1 PENATURE | 0 | 0 | 79 | 0 | 0 | 0 | 0 | 0 | 79 | |



ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO ESCALÃO F55

| Class. | Nome | | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|----------------|---|----------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | Lígia Coelho | 5 | ARSM | 100 | 100 | 100 | 99 | 0 | 0 | 0 | 100 | 499 | 499 |
| | Ana Silva | 3 | PENATURE | 0 | 0 | 0 | 100 | 0 | 100 | 100 | 0 | 300 | 0 |
| | Fátima Malta | 3 | GMIRO | 99 | 0 | 0 | 98 | 98 | 0 | 0 | 0 | 295 | 0 |
| | Maria Almeida | 2 | GMIRO | 98 | 0 | 0 | 0 | 99 | 0 | 0 | 0 | 197 | 0 |
| | Isabel Maia | 1 | AMEAL | 0 | 0 | 0 | 0 | 100 | 0 | 0 | 0 | 100 | 0 |
| | Alda Cordeiro | 1 | TBAGA | 0 | 98 | 0 | 0 | 0 | 0 | 0 | 0 | 99 | 0 |
| | Paula Palmeira | 1 | ARCDVL | 0 | 0 | 0 | 0 | 0 | 0 | 99 | 0 | 99 | 0 |



ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO
CLASSIFICAÇÃO ESCALÃO F60

| Class. | Nome | | Clube | P. FERIDA | T. SARILHO | T. S. TOMÉ | T. GATOS | AMEAL T. | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|-----------------|---|-------|-----------|------------|------------|----------|----------|----------------|--------------|---------------|--------|-----------|
| 1 | Rosália Duarte | 5 | SMOV | 100 | 0 | 100 | 100 | 100 | 0 | 100 | 0 | 500 | 500 |
| 2 | Maria Matias | 5 | GRV | 99 | 100 | 98 | 99 | 97 | 0 | 0 | 0 | 493 | 493 |
| | Isabel Trindade | 4 | OMDC | 0 | 0 | 99 | 0 | 99 | 100 | 0 | 100 | 398 | |
| | Rosa Matos | 2 | GMIRO | 0 | 0 | 97 | 0 | 98 | 0 | 0 | 0 | 195 | |



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA
CIRCUITO DISTRIAL DE TRAIL DE COIMBRA - CURTO
ÉPOCA 2024/2025
CLASSIFICAÇÃO COLETIVA FEMININA



| Class. | Nome | Sigla Clube | PEDRA FERIDA | TRAIL SARILHO | TRILHO S. TOMÉ | TRILHO GATOS | AMEAL TRAIL | T. BARRACAS P. | CASTELLUM T. | T. VALE CEIRA | Pontos | Corrigida |
|--------|--|-------------|--------------|---------------|----------------|--------------|-------------|----------------|--------------|---------------|--------|-----------|
| 1 | ASSOCIAÇÃO RECREATIVA DE S. MIGUEL | 6 ARSM | 14 | 15 | 13 | 0 | 15 | 15 | 0 | 15 | 87 | 74 |
| 2 | PENATURE - ASSOCIAÇÃO DE DESPORTO DE NATUREZA DE PENACOVA | 7 PENATURE | 15 | 0 | 15 | 15 | 14 | 14 | 14 | 14 | 101 | 73 |
| 3 | GRUPO RECREATIVO VILAVERDENSE | 7 GRV | 13 | 13 | 14 | 14 | 13 | 13 | 15 | 0 | 95 | 69 |
| 4 | CLUBE DE FUTEBOL "OS MARIALVAS" | 6 CFM | 12 | 14 | 12 | 13 | 10 | 12 | 0 | 0 | 73 | 63 |
| | CLUBE DOMUS NOSTRA | 4 DOMUS | 9 | 0 | 10 | 12 | 0 | 11 | 0 | 0 | 42 | |
| | ASSOCIAÇÃO RECREATIVA CULTURAL E DESPORTIVA DA VENDA DA LUÍSA | 2 ARCDVL | 0 | 0 | 0 | 0 | 11 | 0 | 13 | 0 | 24 | |
| | SOURE MOV (APPACDM DE SOURE) | 2 SMOV | 11 | 0 | 11 | 0 | 0 | 0 | 0 | 0 | 22 | |
| | GRUPO DE SOLIDARIEDADE SOCIAL, DESPORTIVO, CULTURAL E RECREATIVO DE MIRO | 2 GMIRO | 10 | 0 | 0 | 0 | 9 | 0 | 0 | 0 | 19 | |
| | MONTANHA CLUBE | 1 MC | 0 | 0 | 0 | 0 | 12 | 0 | 0 | 0 | 12 | |